



עזרת אבות - להזדקן בכבוד. נוסד 1976 Ezrat Avot - Aging with Dignity Chanukah Newsletter 5778\2017



Remembering our Founders



Together, Naomi and Azri Sharabi would light the Chanuka candles, enclosed in glass, to the right of the entrance to their home. This is the custom in Israel in order to display the light of Chanuka to all passersby. Then Naomi would carefully place additional chanukiot to light up their home for the family to enjoy. They loved this 'Festival of Lights,' celebrating the miracle of oil that burned for eight days in rededicating our Temple and the light of Torah that fills our souls.

Ladies' Moadon



This year the ladies of the Moadon paid a visit to the Knesset (Israel's Parliament) and were provided a tour which they enjoyed immensely. Since it was scheduled for a time the Knesset was not in session, it has been unanimously decided to schedule another visit in 2018 before the Knesset takes their summer break.



Society often assumes that as people age they lose interest in the larger issues of life and only



focus on their immediate necessities. Not so! At the Center our seniors are alert, active and enjoying life. If prior to discovering our Center they were perhaps lulled into a sense of apathy, the Senior Health and Life Enrichment Center restores their vitality to relish each new day.

Men's Beit Midrash

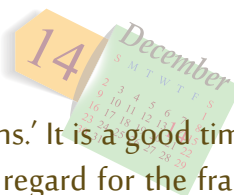


The men are enjoying their morning studies with Rabbi Badihi, gladly followed by a nutritional meal before leaving for the day. In gratitude, some are seeking ways to benefit the Center in return. One of the members is recording the sessions making them available to those who can't attend. He also volunteers his time to video special events.

Ezrat Avot has always been slightly understaffed and blessed with many volunteers to fill the gap, keeping our expenses at minimum. Another member of our study group serves a few hours throughout the week, answering our busy phone line and directing calls. All our seniors fill the Center with an atmosphere of gladness and busyness which also inspires those of us who work here at the Center.

International Day of Older Persons (UN)

December 14th is declared the 'International Day of Older Persons.' It is a good time to demonstrate gratitude to those who paved our path. Let's show regard for the frailties newly imposed upon our seniors, who remember what it was like to be strong, and respect the history that graces each soul. Youth should spend time with them to learn history firsthand unlike the impersonal version offered in textbooks. A smile, a friendly greeting, offering a helping hand and paying a visit to share a piece of cake or present a lovely flower to one who no longer receives them. That will enrich our lives as well as theirs.



Our Volunteers – our Treasure



God must approve of the work we undertake because He showers us with enthusiastic volunteers. We are never found lacking, youth and seniors call with eagerness to invite themselves for the task. This we took for granted when Naomi was in charge. Her demonstration of loving kindness became infectious, attracting so many through the years. The blessing and sense of wonder is that it continues without pause. Each year the Seminary students and those studying at Yeshivot dedicate one day per week to chessed with Ezrat Avot. This year the young recruits of the IDF also join in. Visitors traveling through Israel hear about us and call to spend a day. And then we have our faithful local volunteers who never let us down. The Center is full of activity and all who come, love it. This year our student volunteers come from: Shalavim, MMY, Tomer Dvorah, Midreshet Eshel and Jew Essence.

One of our most faithful volunteers has broken a hip but is on the mend. We miss him very much for his caring attitude and great sense of humor. May God heal you quickly, George, and send you back to us.



Building progress at the Center

- Our elevators are installed but lobbies must be in place for each floor before the final inspection will permit its use. We are excited anticipating that the elevators will be functioning by the end of December.
- Additional windows have been created for the volunteer activity room providing an open and cheerful atmosphere where all the action takes place.
- Soon the parking lot will also be paved and spaces made available for handicapped parking.

Notice!

A copy of your receipts can be sent by email, if you wish,
Send your email address to: aviyah@ezratavot.org or call our Ezrat Avot office at 972 2 5829984

Please consider making a tax exempt donation to the seniors of Jerusalem as you complete your tax year.

Credit card donations can be made through our secure website www.ezratavot.org
Checks can be mailed to: American Friends of Ezrat Avot, POB 181, Fairlawn NJ 07410

For local friends: our new address is 15A, Hakissufim St. in Ramot Alef Jerusalem.

Transportation: Bus #36 to Golda Meir Blvd. across from Ramot Mall – also

Bus #71 at the stop before the bridge.

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