עזרת אבות - כדי להזדקן בכבוד. נוסד ב1976 Ezrat Avot - caring through the generations.



The Chanuka Bulletin 5776 \ 2015



Don't we all look forward to this time of year with the warm glow of candlelight that increases with each new day? Memories of past wonders can attune us to recognize the wonders of our own time. We can take comfort in remembering that HaShem has never failed us and He never will. We delight in His promise and marvel at the prophecies fulfilled in our lifetime. I wish all the family of Ezrat Avot and all Israel a truly warm and wondrous

Festival of Lights. N Sharah

Special invitation

Dedication of the Dr. Albert Dreizinger Synagogue is scheduled for Rosh Chodesh Adar The Dedication date is Tuesday, February 9, 2016. The Synagogue is donated in its entirety to honor

the memory of Dr. Dreizinger's beloved wife Feiga Dreizinger The synagogue is donated for the enjoyment of

the entire surrounding community. Words cannot adequately convey the depth of gratitude for this extraordinary contribution. We will be offering an official invitation as the time draws near and warmly invite all the family of Ezrat Avot to attend. Our local friends are encouraged to 'save the date' and any of our friends visiting Israel at this time are warmly

encouraged to join us for this very special event.



Sometimes Adversity becomes a Benefit

Even though timing may not be as we prefer we are nonetheless moving forward and have reason to be thankful. Ezrat Avot no longer has a valid contract to remain in its current location and we are forced to move before the new Center has reached completion. This only engenders more enthusiasm to meet the many remaining challenges as we move into the entry level of the Center which is made ready for us.

With HaShem's help we move forward and together we will achieve the goal of a establishing the Seniors Health and Life Enrichment Center in order to elevate and inspire the lives of those long neglected. The numerous benefits of the Center will be enduring for following generations. Many of our Ezrat Avot family, donors and volunteers, will enjoy the gratification of playing a part in this major undertaking. They will share the pleasure of knowing that their contributions will provide long lasting benefits for Jerusalem.

Small as well as substantial contributions all come together to complete the task and this is what your contribution will accomplish: Enriching seniors through lectures on Torah and variety of helpful topics, continued education for seniors, cultural programs and concerts, intergenerational workshops, a large variety of therapy both physical and creative, legal advice by professional volunteers, economic support in times of crises, Seniors to Seniors program to stave off loneliness of the homebound as well as the food distribution programs already in place. New programs will be established as needs materialize.

The entrance to the Center will honor the names of those who have contributed to the welfare of Jerusalem's seniors. With enormous gratitude we thank each one.

What's new in Ezrat Avot since our last newsletter?

Baking Project

Baking treats for the elderly is becoming

more popular. Not one, but two volunteer groups are now participating.

They not only enjoy the activity of baking but enjoy even more the care and love they pour into the cakes and cookies they prepare.

We had a fun competition between the two enthusiastic groups; Yeshivat Netiv Aryeh and Kivunim. The prize was pizza as they requested. Technically, the netiv aryeh group won, but as one of them said, "**we all win because we are all Jews!**"

And both groups enjoyed a hot tasty pizza.





Unity and Harmony

In the month of Kislev we celebrate repairing that which was destroyed and re-uniting our people. Throughout our existence this has required courage and understanding.

Why must it always be hardship or disaster that binds us? At the Seniors Health and Life Enrichment Center the goal is to unite our people who have arrived from the four corners of the world through pleasant and productive activity. May we in gratitude rejoice together in our Land.

Our ladies club



For Chanukah, our ladies will enjoy a festive party and in preparation will make some Chanuka craft items. The ladies of the club also enjoy volunteering, on



occasion. You can see Nomi helping with the Meals on Wheels and, when need arises, the ladies will also help with cutting vegetables. They cheerfully want to give back whatever they can for the many benefits they receive.

Meals on Wheels

It is important that our Meals on Wheels program for the homebound continue uninterrupted as we make our move into the new Center.

With careful planning and coordination the logistics of the move will not be felt by those awaiting their weekly delivery.

However as we are able to expand our Meals on Wheels program they will receive meaningful visits more frequently from trained volunteers who can brighten their day.

Spotlight on one of our volunteers - This time: Sam Guttentag



Sammy, one of our dedicated volunteers made 'Aliyah' with his family 32 years ago from North East England. He and his wife preferred to raise their young children in Israel. While volunteering in one of Jerusalem's soup kitchens he heard about Ezrat Avot through his friends, Bob and George, who were already dedicated volunteers of Ezrat Avot and he decided to join them. This year will be his sixth year in our Family!

In his own words: "there is so much needed to do so how could I just sit there and do nothing? Also, we have so much to give back to our society, if a person has the time and health why not give some back?"

When asked what he would like to see happen at Ezrat Avot in the future, he said: "I want Ezrat Avot to prosper and grow. You are committed to so many people and you are doing so much good, I wish that you will have all you need to continue and expand. I wish Naomi and Sraya (the directors) health and strength for all the good and hard work that they are doing.

Ezrat Avot thanks you, Sammy, from the bottom of our hearts for your devotion and infectious spirit! May 'Hashem' grant you and yours many happy healthy years of giving.

We'll be happy to receive your email address which will help us save office expenses & allow us to provide more activities for our seniors. Needless to say, it's another effort to be kind to the environment!

We welcome you in becoming part of The Ezrat Avot family! Join us in bettering the lives of Jerusalem's elderly & poor. For credit card donations, call (972) 25825107 or make a donation through our website. Tax deductible donations by check can be mailed to our Jerusalem address. May you always be on the giving side!

Israeli Amuta no. 580044410, U.S tax exempt no. 11-3113560. Phone: 02-5829984 \ 02-5825107. Fax: 02-5322226

P.O.B: 5603, Jerusalem 9105601 🗰 www.ezratavot.org 🗰 info@ezratavot.org