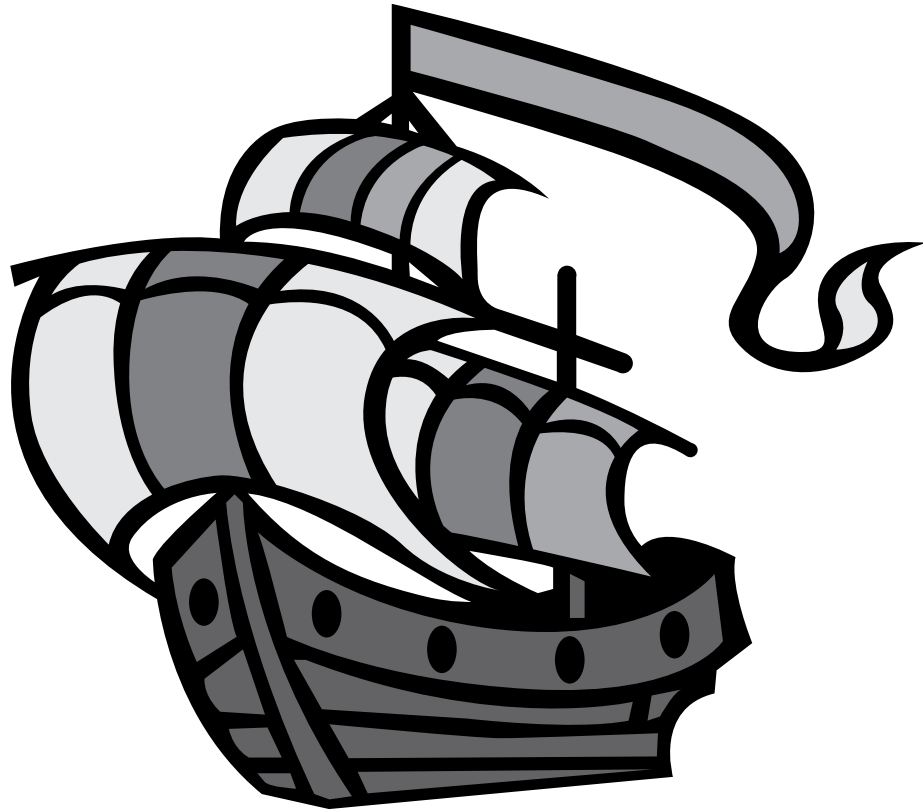


YOU CAN PASS WITH...

# FLYING COLORS



*by learning and keeping*  
**The Seven Laws of STUDIES**  
*a Seminar to Improve your*  
*Performance in the Classroom*



# FLYING COLORS

## Learning & Keeping the Seven Laws of STUDIES

### I. Why Study?

- Assumption: You want to finish what you have begun.
- A goal provides motivation... a major goal in school is to finish. A minimum goal would be to finish the term or the current set of courses.
- The primary purpose of education is to teach one to think, not so much to do.
- The cost of reaching your goal for the future could be your schooling. Does the thought of your future motivate you to pay the price?
- Remember... you aim at nothing and you will hit it every time.
- So then what is your mission? (in a few words below write down your educational mission or goal for your collegiate years.

**My Mission as a Student:**

### II. The Seven Laws of STUDIES

The Law of **S**aturation

*“Soak it In”*

The Law of **T**oleration

*“Open it Up”*

The Law of **U**nification

*“Bring it Together”*

The Law of **D**edication

*“Make it Happen”*

The Law of **I**ntegration

*“Live it Out”*

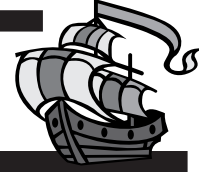
The Law of **E**xamination

*“Take it On”*

The Law of **S**upplication

*“Pray it Through”*

# the Seven Laws of STUDIES



## III. The Seven Laws Explained

### #1- The Law of Saturation

*“Soak it In”*

#### *A. Never skip class*

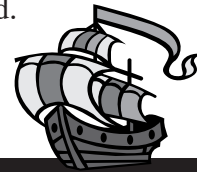
- No book can substitute for the personalized explanation by a professor or lecturer.
- Simply a bad habit.
- Most courses do not follow the text precisely.
- Many texts need clarification through lecture or discussion.
- Some material tested on exams will only be given in lecture.
- Emphasis on important material is generally given verbally.
- Hints and preparation for exams are sometimes given in class.
- Instructors may take attendance or know who is absent and take that into consideration on borderline grades.
- You will never lose by being in class.
- Even if you skip, you probably won't be studying during that time.
- If you've got to miss - notify the instructor.

#### *B. Never go to class unprepared*

- Preparation before class is the key to understanding lecture.
- Preparation enhances efficiency in and out of the classroom. Many students get very little from the lecture because they did not prepare.

#### *C. Take good notes*

- The better you learn to take notes, the better you will do in class.
- In technical courses you need to copy almost everything written on the board plus helpful explanations.
- If you are in a difficult class, after each class recopy your notes as soon as possible. This will help in understanding the logic or reasoning while it's fresh in your mind.
- Follow in the book high lighting what lecture in on.
- Go back through and highlight your notes.



### #2- The Law of Toleration

*“Open it Up”*

#### *A. Be teachable*

- Be willing to consider and investigate the ideas that are presented to you.
- Don't judge by appearances.

#### *B. Ask Questions*

- Don't be afraid to go to instructors for help.
- If you are really lost in a particular course, don't wait until it's too late in the term to get help.
- When you go to see a professor, write down your questions so you can phrase them well.
- Another student who is doing well in the course might be able to answer your questions.
- Organize or join a study group for the class.
- Studying with others for an exam can be beneficial. Concentrate on studying for the class not casual conversation.

# the Seven Laws of STUDIES



## #3- The Law of Unification

*“Bring it Together”*

### **A. Allot time regularly for each course**

- Most of us operate on the “squeaky-hinge” principle. The hinge that squeaks gets the oil. You go from one crisis to another never seeming to catch up. A pressure cycle occurs.
- Key: Regularly working on each course. (Reading over your notes, reading the book and other materials.)
- Cramming - hinders gradual learning and tends to be a learn and forget mode of studying.

### **B. Do all assigned homework**

- Homework falls into two categories. 1- Assigned but not collected. 2- Assigned and collected to be graded.
- High correlation between examination grades and homework preparation.
- Requires effort and time.
- Purpose of lectures/homework is to impart a skill or body of information.
- Purpose of an exam is to selectively sample the knowledge or skill imparted.



## #4- The Law of Dedication

*“Make it Happen”*

### **A. Start projects and papers early**

- The earlier you begin the easier your work will be and generally the better your grade will be
- Education teaches you to think... and thinking takes time. Beginning a project early provides time to think it over without the pressure of a deadline.
- The habit of leaving work until the last minute will hinder you significantly as you move into the working world.

### **B. Never turn in projects or homework late**

- It takes no more time to do a project or homework on time than it does to do it late.
- Most late work does not result from lack of time, but from procrastination.

### **C. Do as much optional homework or reading as you can**

- The more optional study you do, the better your results will be.

### **D. Know how to use time well**

- Make a strategy for the semester or quarter.  
At the beginning of the term, get a calendar showing the entire term. Write in the due dates of projects and exams. Also mark down any special activities such as organizational activities and athletic events you plan to attend.

# the Seven Laws of STUDIES

## ***D. Know how to use time well (continued)***

- Get a strategy for each week. Each week brings new demands and unique challenges.
  - Use a Weekly Plan Sheet (see last page)
  - Fill in class schedule
  - Write down important priorities- exams, organizational meetings, ball games
  - Block in study times & extra curricular times  
(How much study time? Average suggestion is 1.5 hours per class hour (lecture). Some courses will require 1 hour while others will require 2)
- Get a strategy for each day.
  - Weekly schedule gives you a general idea of your day, but each day needs its own plan.
  - Each morning/evening take a 3X5 card and jot down a time plan that reflects the needs of the day.
  - Don't make a big deal out of this daily schedule it is designed to serve you, not be your master.

## ***E. Hints for Scheduling***

- Make good use of time between classes. When you have a free period go directly to the library or a studying place.
- Try to go where you won't see people and be tempted to get into lengthy conversations.
- Never go to your room except when absolutely necessary.
- Use Fridays well.
- Use each weekday afternoon. Next to Friday, late afternoon is the most wasted time for students. What you do from 3pm - 6pm determines how late you will study that night.
- Study in prime time. Resist the temptation to do routine things in prime study time.
- Find a place to study.
- Learn the techniques of studying for particular subjects.



## **#5- The Law of Integration**

***“Live it Out”***

### ***A. Don't cheat***

- Cheating has become a way of life for many students.
- What are the consequences?
  - It makes a mockery of your degree
  - It mars your integrity
  - It damages your conscience
  - Establishes a bad habit of taking unethical or illegal shortcuts in the future.

### ***B. Live a centered life, not a compartmentalized life.***

- Don't imagine that your habits in the classroom don't reveal who you are
- Be a person of integrity in all that you do

# the Seven Laws of STUDIES



## #6- The Law of Examination

*“Take it On”*

### *A. Pace yourself as you study*

- Study over a few days for the exam.
- Don't study all night. Get some rest.
- Watch the stimulants. (e.g. caffeine)

### *B. Helpful hints:*

- Listen carefully in class - most teachers teach their exam to some extent.
- Begin preparation early.
- Memorize important information, such as formulas, facts or other data.
- Read the entire exam through before starting.
  - You will get an idea of what the total exam covers.
  - Choose easier questions and answer those first.
- Read and make sure you understand the problem. Many mistakes are made from failing to understand the questions.
- Leave no question totally unanswered. Do at least part of the problem- most instructors will give partial credit.
- Recheck your work if you have time.



## #7- The Law of Supplication

*“Pray it Through”*

### *A. Ask God for help*

- Pray when you study and on your way to the exam. Ask Him to help you remember and understand.

### *B. Don't just pray*

- Asking God for help without studying is not recommended. God is not fooled by a lack of preparation and He's not going to zap you with knowledge.

## Bibliography

Information for this seminar was taken from: **The Christian Student's How to Study Guide**  
Jerry White, NavPress, 1980 ASIN: 0891094466

# Weekly Plan

**DATES**  **to**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
noon							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							

Notes:

Special Items:

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***Date & Time:***

*by learning and keeping*  
**The Seven Laws of STUDIES**

*a Seminar to Improve your  
Performance in the Classroom*

***Refreshments:***



# pictures

## SPiRITUALiTY SURVEY

(If you don't see a picture that expresses your view  
draw your own!)

when you think of God what do you think of?



where are you in your spiritual journey?



what dimensions of life do you want to develop?



what is spirituality?



would you be willing to talk with  
another person about these topics?



would you be interested in discussing  
these issues in a small group?



name \_\_\_\_\_  
address \_\_\_\_\_  
\_\_\_\_\_ zip \_\_\_\_\_

phone # \_\_\_\_\_  
e-mail address \_\_\_\_\_