



# POWER TOOLS

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# POWER TOOLS

## FIVE KEY QUESTIONS ABOUT 1-2-1 DISCIPLING

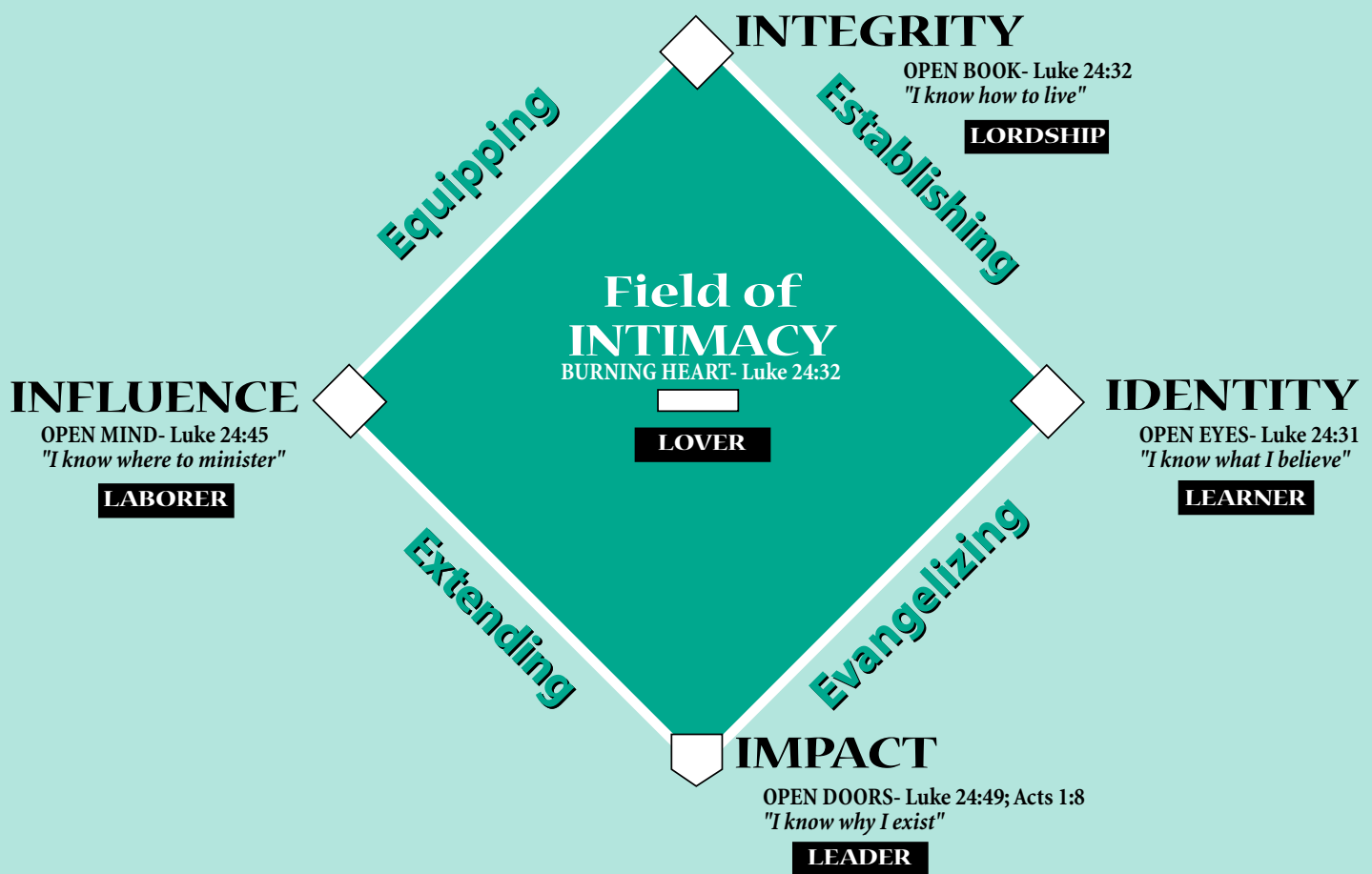
**Discuss the following questions as a group:**

*(use any appropriate Scripture passages as you share)*

- Why should I do 1-2-1 discipling?
- What is my goal for 1-2-1 discipling?
- Where do I start in my 1-2-1 discipling?
- How will I do 1-2-1 discipling?
- When will I do 1-2-1 discipling?

# Preparing People

*"Liberate the Leader in Everyone"*



10 For we are God's workmanship, created in Christ Jesus to do good works, which **God prepared** in advance for us to do. (Ephesians 2:10, NIV).

11 It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers,  
12 **to prepare God's people** for works of service, so that the body of Christ may be built up (Ephesians 4:11,12, NIV).

INVESTIGATION

LOST

# The Vision of Personal Ministry from Pioneering to World Impact

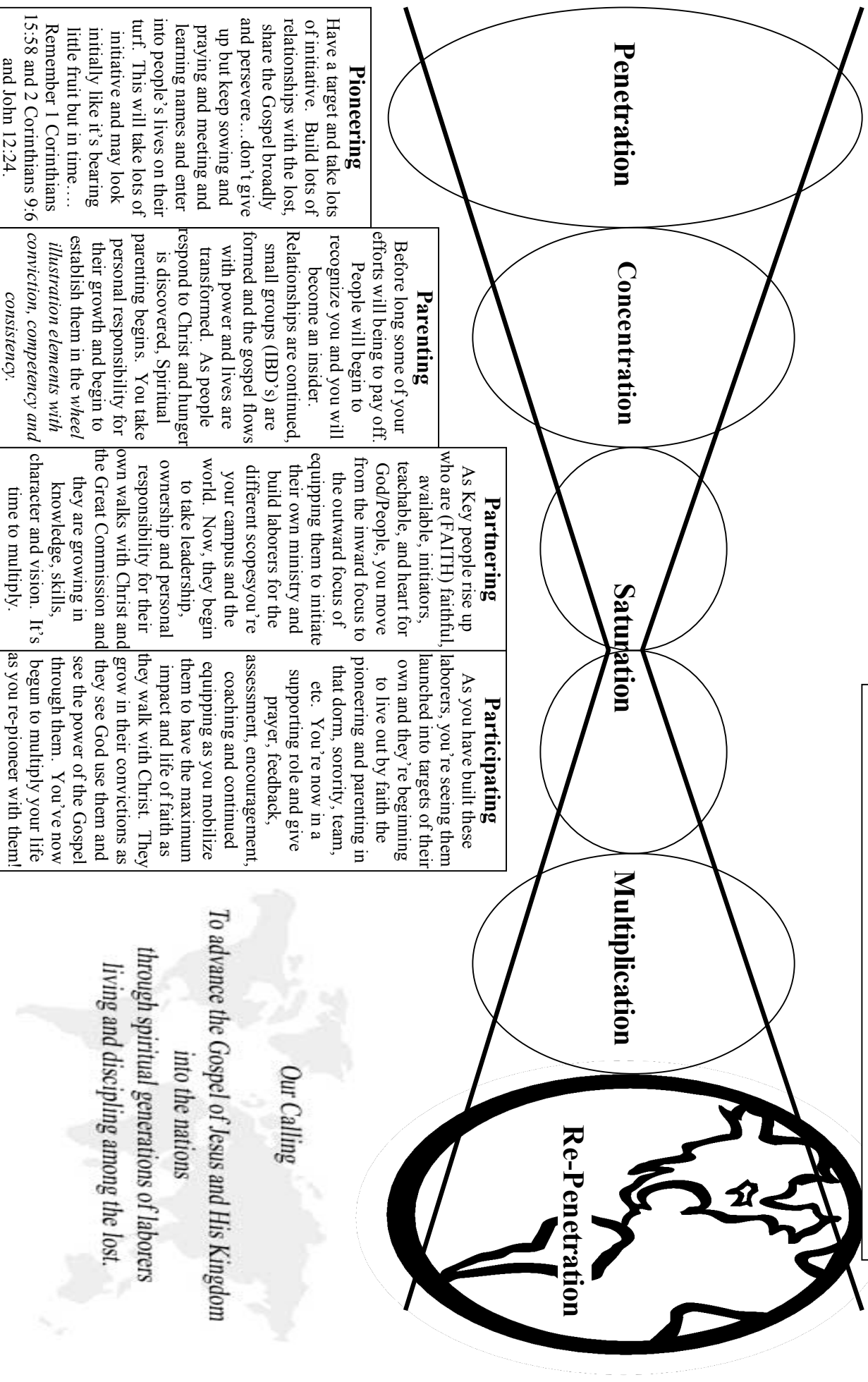
**Evangelism**

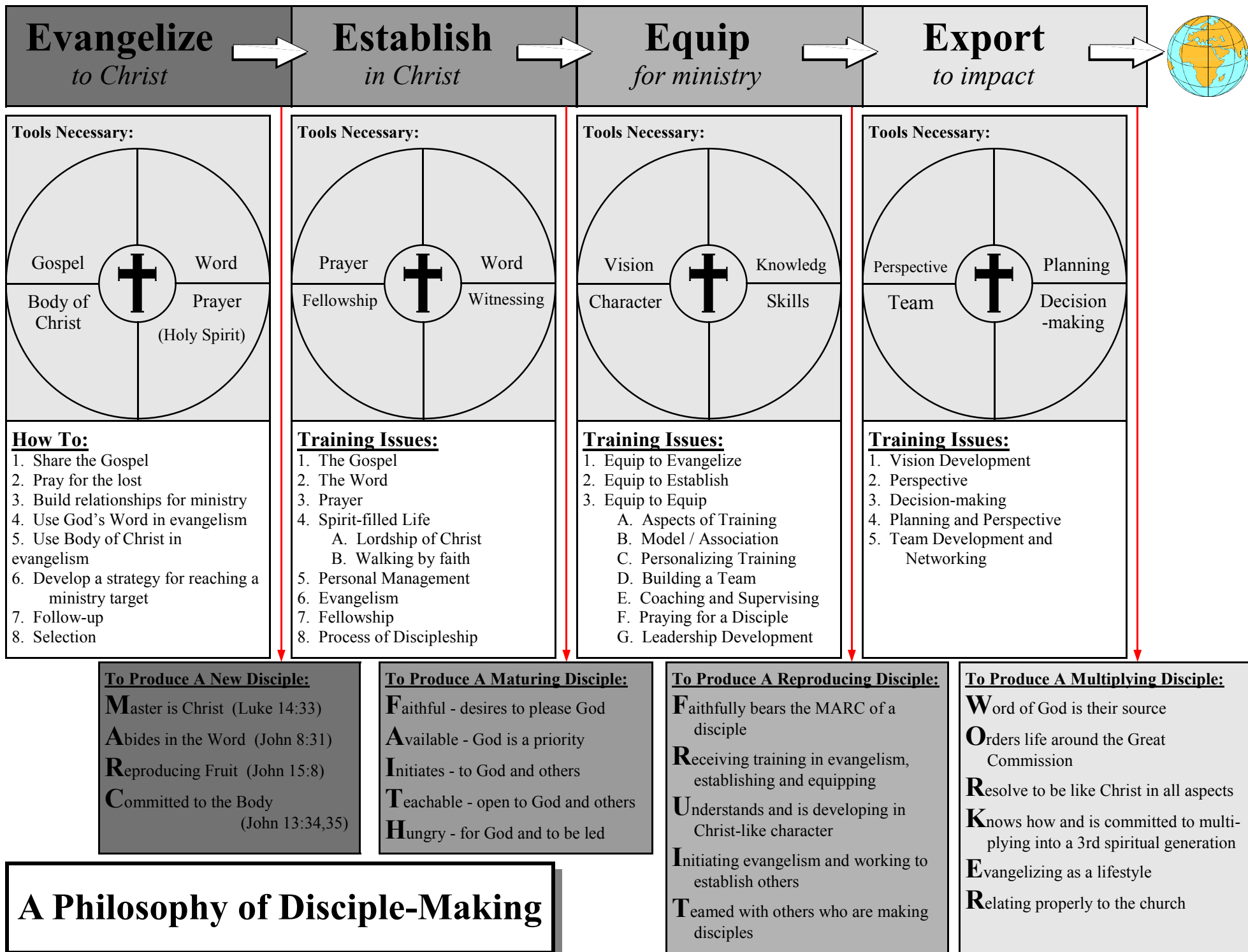
**Establishing**

**Equipping**

**Exporting and Multiplying into Jerusalem, Judea, Samaria and to the ends of the Earth.**

**Page 3**





# One to One Seminar

## I. The Origins of One-to-One in the Navs

## II. Some Guiding Principles

Mark 3:14

He appointed twelve that they might be with him

Matthew 4:19

"Come, follow me," Jesus said, "and I will make you fishers of men."

Matthew 28:19-20

"Go and make disciples and teach them to obey everything I have commanded you."

Matthew 9:36

He had compassion on them, because they were harassed and helpless

Matthew 9:37-38

"The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

Colossians 1:28-29 (JB Phillips)

So, naturally, we proclaim Christ! We warn everyone we meet, and we teach everyone we can, all that we know about him, so that, if possible, we may bring every man up to his full maturity in Christ. This is what I am working at all the time, with all the strength that God gives me.

Ephesians 4:11-13

He gave some [gifted people] for the equipping of the saints for the work of service, to the building up of the body of Christ.

2 Timothy 2:2

And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.

1 Thessalonians 2:8

We loved you so much that we were delighted to share with you not only the gospel of God but our lives as well, because you had become so dear to us.

1 Thessalonians 5:14

And we urge you, brothers, warn those who are idle, encourage the timid, help the weak, be patient with everyone.

Proverbs 27:17

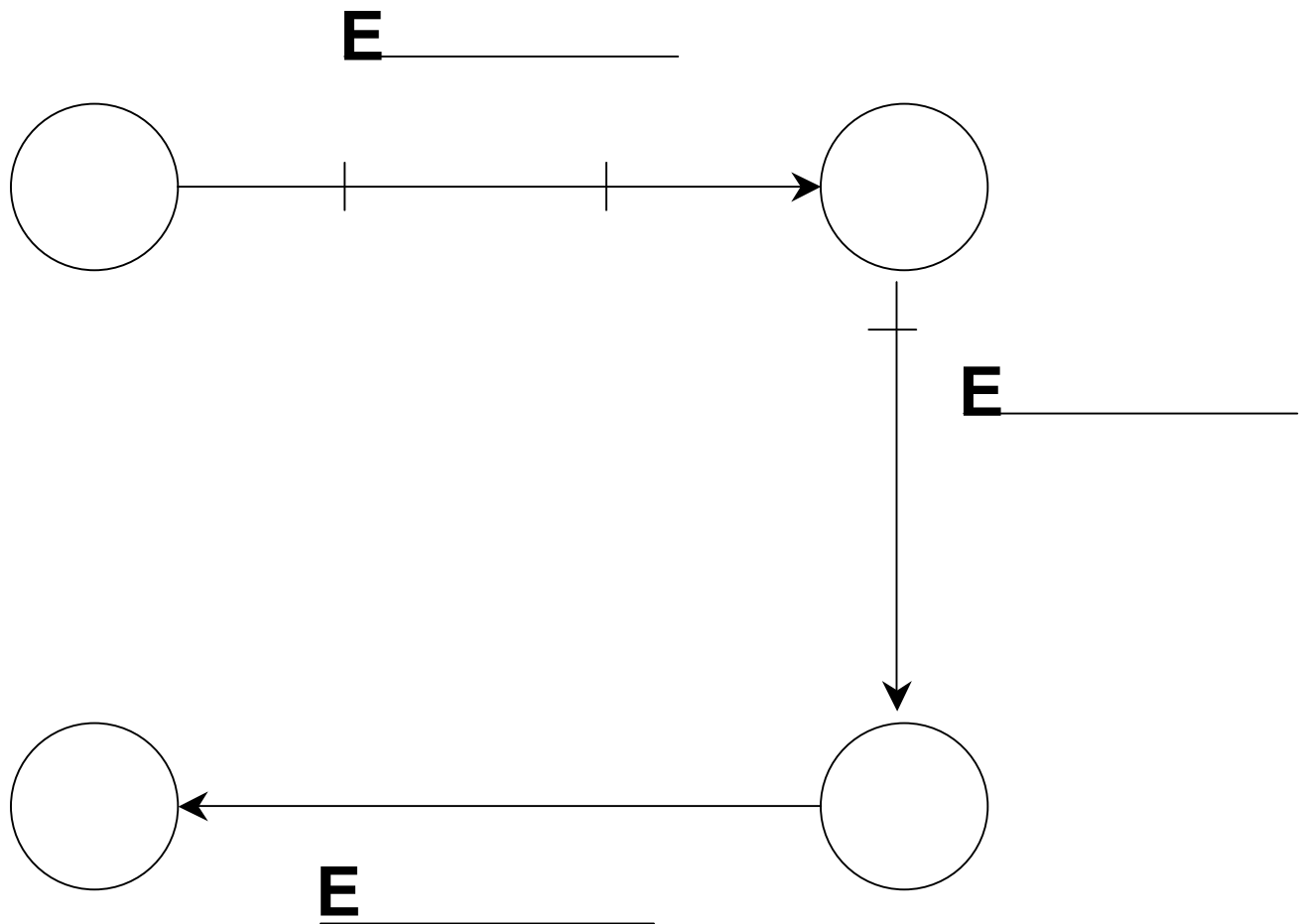
As iron sharpens iron, so one man sharpens another.

Proverbs 9:8-9

Do not rebuke a mocker or he will hate you; rebuke a wise man and he will love you. Instruct a wise man and he will be wiser still; teach a righteous man and he will add to his learning.

"When I look at the crowds I can do so little, but when I see one person – then I can begin." – Mother Teresa

### III. Big Picture



### IV. Three Types of One-to-One:

***A. Unstructured***

***B. Structured***

***C. Life on Life***

“Faith is not a synonym for disorder or a substitute for careful planning.” – Chuck Swindoll



## V. Sample plans for mentoring others

### ***A. Follow-up Plan***

Name  
Birthday -  
Home town -  
Dad -  
Mom -  
Siblings -  
Major -

Red = Covered with him

Blue = cover soon

#### ***QT***

7 Minutes with God  
Have a QT together

#### ***Scripture Memory***

Beginning with Christ

#### ***Meditation/Application***

Illustrate Psalm 1 and Discuss

#### ***Prayer***

Simple Prayer list

#### ***Lordship***

My Heart, Christ's Home - Unger

#### ***Witnessing***

Testimony

## ***B. Disciple Plan***

Name  
Birthday -  
Home town -  
Dad -  
Mom -  
Siblings -  
Major -

Red = Covered with him

Blue = cover soon

### **BASICS:**

Wheel illustration  
Word hand

### ***QT***

7 Minutes with God  
Best verse  
RRRR (Read, Report, Reflect, Respond)  
Have a QT together  
How to have a QT - Myers  
Bible Reading Plan

### ***Scripture Memory***

Beginning with Christ  
½ Dozen Reasons to Memorize  
Topical Memory System

- A Pack
- B Pack
- C Pack
- D Pack
- E Pack

### ***Bible Study***

Study Resources  
Topical study  
ABC study

### ***Meditation/Application***

Illustrate Psalm 1 and Discuss  
SPEAK Principle

### ***Prayer***

Simple Prayer list  
Prayer, Beholding Gods Glory  
Prayer walks  
How to Spend a Day in Prayer - Sanny

### ***Lordship***

My Heart, Christ's Home - Unger  
Read Colossians and discuss  
Areas of particular struggle  
Discovering/Following God's Will

### **MINISTRY:**

Testimony  
10 Most Wanted List  
Learn Bridge illustration (or other presentation tool)  
How to lead Investigative Bible Discussion  
Born to Reproduce - Trotman

### **MATURITY:**

#### ***Character***

Sexual purity Bible study  
Every Young Man's Battle  
Generosity Bible study  
Love Bible study  
Serving Bible study

## VI. Disciplemaker

Name  
Birthday -  
Home town -  
Dad -  
Mom -  
Siblings -  
Major -

Red = Covered with him

Blue = cover soon

### Beef up the BASICS:

#### **QT**

Feeding Your Soul - Fleming

#### **Scripture Memory**

Tighten up TMS  
Chapters/Books

#### **Bible Study**

Chapter Analysis

#### **Meditation/Application**

Talk about heart vs. head

#### **Prayer**

How to Spend a Day in Prayer - Sanny  
Too Busy NOT to pray - Hybels

#### **Lordship**

Is Christ the focus of his life?

### MINISTRY:

#### **Prayer**

Pray Promises for ministry  
10 Most Wanted List  
Pray for person to mentor

#### **Witnessing**

Explain cultivate/sow/reap  
The Insider - Petersen/Shamy  
One Thing You Can't do in Heaven - Cahill  
Permission Evangelism - Simpson

#### **Follow-up**

Read/discuss I Thess 2  
Follow-up plan

#### **Disciplemaking Concepts**

3-E Illustration  
Disciple plan  
Spiritual Multiplication  
Basics of Man to Man

#### **Disciplemaking skills**

##### **(knows how to share)**

Bridge (or other presentation tool)  
Beginning with Christ  
7 Minutes with God  
Best verse (QT)  
Wheel illustration  
Word hand  
Topical Memory System

### MATURITY:

#### **Know God Deeper**

Joy of Fearing God - Bridges  
Faith & Promises of God - Yeakley  
Knowing God - Packer

#### **Character**

Anger Bible study  
Wild at Heart - Eldridge  
How to win Friends - Carnegie

#### **Leadership**

Humility Bible study  
Next Generation Leader - Stanley  
Spiritual gift test

## VII. Final Tips to Remember

Pray always, so you may follow Jesus' example of speaking only what you hear from the Father.

Don't impose personal preferences or standards on others, but use it as an opportunity to discuss and challenge one another.

It requires greater wisdom and a lot of patience to ask them questions rather than monologueing answers on them.

Keep growing and learning – don't let this get stale for you, because they will pick it up.

Adopt Jerry Bridges perspective as he said in the preface of "The Joy of Fearing God" – "Think of me as a fellow pilgrim walking alongside you. I'm not on top of the peak calling you to climb up where I am. Rather I'm standing with you as we both look to the summit of this great mountain." We're not there, but we know something about the way.

Look for patterns, not one-time incidents, to decide issues to address with them.

Remember these words of wisdom:

"I have had more trouble with myself than with any other man I have ever met." – DL Moody

"Be not angry that you cannot make others as you wish them to be , since you cannot make yourself as you wish to be."  
– Thomas a Kempis

# **Discipling Plans For Non-Believers To Laborers**

## **Non-Believing Contact Plan (Evangelism)**

### **Personal Information**

**Name -**  
**Birthday -**  
**Hometown -**  
**Dad -**  
**Mom -**  
**Siblings -**  
**Major -**

### ***Knowing and Embracing the Gospel***

My Testimony  
Gospel IBD  
Gospel of John  
2 Corinthians 5:21 Illustration  
Well Illustration  
Bridge Illustration

### ***Articles***

No Mere Man – Bill Bright  
What Does it Mean to Believe? -- Oswald Smith  
Back To God – Frank Barker  
Is The Bible God's Word? -- Randy Pope  
Get Off the Fence – Dan Hayes

### ***Books***

More Than A Carpenter – McDowell (where most KSU students are at)  
Case For Christ – Stroble (more historical, empirical approach)  
Mere Christianity – Lewis (more philosophical approach)

### ***Life***

The more time with them in their world, the better  
Expose them to the Body of Christ via: Navs, Outreaches, informal settings, etc.  
Pray my socks off for God to stir and move in their hearts  
Have them over for dinner  
Expose them to conferences such as Greek Retreat & Main Event

# **Plan For Following Up A New Convert (Establishing 1)**

## **Personal Information**

**Name -**  
**Birthday -**  
**Hometown -**  
**Dad -**  
**Mom -**  
**Siblings -**  
**Major -**

## **Laying Foundations:**

### ***Helping them grasp the significance of the Gospel and their new identity in Christ:***

Bridge Illustration  
"Who God Says I Am" handout

### ***QT***

TAWG sheet  
Have a QT together &  
Get them doing TAWG on own

### ***Scripture Memory***

"A" Pack of TMS  
Article: Value of Scripture Memory – Cosgrove

### ***Meditation/Application***

Illustrate Psalm 1 and Discuss

### ***Prayer***

Simple Prayer list

### ***Lordship***

My Heart, Christ's Home – Unger  
Tyranny of the Urgent – Hummel

### ***Witnessing***

Learn their Testimony and go share it together with a non-believer  
Need of the Hour – Trotman

### ***Bible Study***

Building Foundations (Begin doing it together or with other new believers)

### ***Books***

More Than A Carpenter – McDowell

### ***Articles***

The Time Has Come – Hayes  
The Fellowship of the Unashamed – African Martyr

### ***Biography***

Bruchko – Bruce Olson  
Zinzendorf article

# **Plan For Building A Disciple (Establishing 2)**

## Personal Information

**Name -**  
**Birthday -**  
**Hometown -**  
**Dad -**  
**Mom -**  
**Siblings -**  
**Major -**

## **Building & Strengthening Foundations:**

Wheel illustration  
Word hand  
Challenge to Discipleship  
Position (vs.) Condition In Christ Graph

### **QT**

TAWG Sheet  
Topical QT  
Gospel QT plan  
Have a QT together  
How to have a QT - Myers  
Bible Reading Plan

### **Scripture Memory**

½ Dozen Reasons to Memorize article  
Topical Memory System

- A Pack
- B Pack
- C Pack
- D Pack
- E Pack

### **Bible Study**

Topical study  
Epistle Inductive Study  
Gospel Bible Study (if not done)  
Word Study and use of concordance

### **Meditation/Application**

Illustrate Psalm 1 and Discuss  
Mark 4 – Soils—life analysis  
SPEAK Principle  
BICEP Tool

### **Prayer**

Simple Prayer list  
C.A.T.S.  
Prayer walks  
How to Spend a Day in Prayer - Sanny

### **Lordship**

My Heart, Christ's Home - Unger  
Many Aspire, Few Attain – Henrichsen audio  
Individual areas of particular struggle  
Discovering/Following God's Will (Hand illustration)

## **MINISTRY:**

Tailoring Testimony to Audience  
10 Most Wanted List  
Learn Bridge illustration (& Well Illustration)  
2 Corinthians 5:21 illustration  
How to lead Investigative Bible Discussions  
Use of "The 4 Spiritual Laws" – Bright  
Born to Reproduce – Trotman  
Master Plan Of Evangelism – Coleman  
Parable of Orange Trees (or) Who Cares  
Thy Brother's Blood – Amy Carmichael  
We Are World Christians – Gordon A.  
Basic Apologetics (more than a carpenter)

## **MATURITY:**

### **Knowing God Deeper**

The God You Can Know – Dehann  
Or  
The Pursuit of God – Tozer  
Character of God Study

### **Character**

Corinthian Grid – Holiness tool  
Kissed Dating Goodbye – Harris  
2 Timothy 2:22 focus  
The Heart of a Leader Article – JO Sanders  
Begin giving \$ to cause of Christ  
Love, Sex, Lasting Relationships Videos – Ingram  
(Or) Searching for True Love Videos– Harris  
Sexual purity accountability  
Character (Training in Godliness) study  
Principals in Decision Making (CRU6)  
Love Bible study  
Serving Leadership Article (Cru)  
Privilege Mentality study and lifestyle

### **Biography**

Daws – Skinner  
David Brainerd

## **Plan For Training A Laborer (Equipping)**

### **Personal Information**

**Name -**  
**Birthday -**  
**Hometown -**  
**Dad -**  
**Mom -**  
**Siblings -**  
**Major -**

### **Continuing to Strengthen Foundations:**

#### **QT**

Developing their own QT plan

#### **Scripture Memory**

Tighten up TMS  
Chapters/Books

#### **Bible Study**

Chapter Analysis

#### **Meditation/Application**

Talk about heart vs. head

#### **Prayer**

How to Spend a Day in Prayer - Sanny  
Too Busy NOT to pray - Hybels

#### **Lordship**

Assessment of major decisions in past & future  
Both in light of growth and ministry  
Lordship – McQuilken Article  
Letter from an Atheist – C.T. Studd

### **MINISTRY:**

The Fuel And The Flame – Shadrach

#### **Prayer**

Pray Promises for ministry  
10 Most Wanted List  
Pray for potential disciples (F.A.I.T.H.)  
Pictures/Composites/Maps  
Prayer—The work of missions – Piper audio

#### **Witnessing**

Grasping the Process: cultivate/sow/ reap  
Out Of The Saltshaker – Pippert  
One Thing You Can't Do In Heaven – Cahill  
Concepts of Pioneering & Penetration  
Living among the Lost (strategic living) study

#### **Follow-up**

Read/discuss I Thess 2  
Follow-up plan

### **Disciplemaking Concepts**

4-E Illustration  
Selection (FAITH)  
Establishing Lists (or CRU3 checklist)  
Spiritual Multiplication  
Basics of Man to Man  
Heart for Individuals – Sanny  
A Faith that Multiplies – Rick James  
Lost Art Of Disciplemaking – Eims or  
Personal Disciplemaking – Adsit or  
Discipleship -- Hadidian  
Praying for Disciples – John 17

### **Disciplemaking skills (knows how to share & develop)**

Bridge & Well and 2 Cor. 5:21  
Beginning with Christ  
TAWG sheet/process  
Wheel illustration  
Hand Illustration  
Topical Memory System

### **World Vision**

Operation World  
Pray through a World map  
Missionary Call – Robert Speer

### **MATURITY:**

#### **Know God Deeper**

Faith & Promises of God - Yeakley  
Knowing God - Packer  
Why We Must Think Rightly About God – Tozer (Cru5)

#### **Character**

Humility – Andrew Murray  
Pursuit of Holiness – Bridges  
(Or) Holiness – Ryle  
Who You Are When No One Is Looking – Hybels  
Treasure Principle – Alcorn

#### **Leadership**

Spiritual Leadership – Sanders  
Be The Leader You Were Meant To Be -- Eims  
Spiritual gift test (filled with disclaimers)  
POLE / GOATs principal of planning events



## **Overall Objectives For A Student That I Am Initiating Towards & Discipling:**

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- 1) That they know & walk with Jesus, meet with Him daily, and love Him with all of their being as they follow Him.
- 2) That they daily seek to become like Christ in all of his devotion, character, holiness, purpose and mission for His glory.
- 3) That they intentionally live out the Great Commission and Multiply their lives in the spheres of influence that God has called them to advance the Gospel in until the Nations are reached.

# PROFILES IN THE DISCIPLESHIP PROCESS

**A DISCIPLE**  
 1) HAS A HEART FOR GOD  
 2) MAKES ANY SACRIFICE TO GROW

**A DISCIPLEMAKER**  
 1) HAS A HEART FOR PEOPLE  
 2) MAKES ANY SACRIFICE TO HELP ANOTHER GROW

**REPRODUCER**

**DISCIPLE-MAKER**

**DISCIPLE**

**GROWING CHRISTIAN**

**TRUE CONVERT**

**CONTACT**

- 1) Change of attitude toward Jesus Christ—now favorable (John 8:42)
- 2) Change of attitude toward sin—now unfavorable (1 Corinthians 5:17)
- 3) Desire to grow spiritually (1 Peter 2:2)
- 4) Publically professed commitment to Christ (Romans 10:9-10)

- 1) Meets the profile of a convert
- 2) Engaged in developing a relationship with God through the Word, prayer, etc. (Colossians 2:6-7)
- 3) Observable changes taking place in regard to attitude and actions as a result of application of the Word and/or conviction by the Holy Spirit (John 14:21)

- 1) Consistent and growing in the basics of the Christian life for at least 6 months.
- 2) Developed a heart 4 God
- 3) Willing to make any sacrifice to grow, even change his/her schedule.
- A) A disciple is a follower of Christ who's consistent + growing in:
  - 1) **Lordship**—Puts Christ 1<sup>st</sup> in major areas of life & is taking steps to separate from sin (Lk. 9:23; Rom. 12:1)
  - 2) **Word**—Continues in the Word through study, memorization & application (Jn. 8:31; Js. 1:22-25)
  - 3) **Prayer**—Has consistent daily devotional life and is developing prayer life (Eph. 6:18; Jn. 15:5-7)
  - 4) **Fellowship**—demonstrates Christ's love by identifying w/ & serving other believers (Jn. 13:34-35; Gal. 5:13)
  - 5) **Witnessing**—Identifies w/ Jesus in their environment and actively shares their faith (Mt. 5:15; Col. 4:6)
  - 6) Has been growing in these areas at least 6 months.
- B) A disciple is manifesting a deepening intimacy with the Lord where love and gratitude for Jesus is the motive for actions and attitude (2 Cor. 5:14)
- C) A disciple demonstrates a willingness to change priorities & time commitments in order to develop their relationship with God and to make themselves available for training (2 Kg. 2:1-6)

- 1) Is continuing on as a disciple, but has now also made a disciple (i.e. has been the major influence in taking a person from a non Christian or new Christian to a disciple) (Matt. 28:18-20)
- 2) Has developed a heart for people (1 Thes. 2:8, Phil. 2:17)
- 3) Is willing to make any sacrifice to help another grow, even change their schedule (1 Cor. 9:19-23)
- A) Has provided the affection and direction for another individual in becoming a disciple, utilizing the group and/or one-to-one discipling method.
- B) Is willing to give up their rights and interests in order to meet the needs of others and make disciples from a heart motivated by love (1 Tim. 1:5)
- C) Is starting o make life decisions (location, vocation, mate, etc.) based upon how they can most effectively fulfill the great commission.

- 1) Is continuing on as a disciplmaker
- 2) Has been the major influence in helping at least one of their disciples to become a disciplmaker (i.e., has produced a strong third generation and is now a "spiritual grandparent")
- 3) Has the knowledge, skills, character, and vision to go to another location and see the whole process begun and repeated (Matthew 28:18-20; Acts 1:8)

**EVANGELISM**

**ESTABLISHING**

**EQUIPPING**

**EXPORTING**

# Establishing Lists:

## **I. Proper Relationship With God**

### **1. Word**

### **2. Prayer**

### **3. Knowing God**

### **4. Jesus**

### **5. Holy Spirit**

### **6. Worship**

1. Hear 2. Read 3. Study 4. Memorize 5. Meditate	1. Adoration 2. Confession 3. Thanksgiving 4. Supplication	1. Devotional Life 2. View of God a) Attributes b) Names c) Will of God d) Faith e) Obedience	1. Lord 2. Deity 3. Perfect Man 4. Substitute	1. Deity 2. Empowering 3. Equipping 4. Comforter	1. Surrender 2. Trust 3. Thanksgiving 4. Holiness
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## **II. Proper Relationship With Self**

### **1. Position in Christ**

### **2. Life Management**

### **3. Character**

### **4. Dealing with Sin**

1. Understanding Salvation a) Justification b) Redemption c) Reconciliation d) Propitiation e) Adoption 2. Who Am I? a) Accepted b) Secure c) Significant	1. Purpose 2. Priorities 3. P.O.L.E. 4. Time Management 5. Stewardship	1. Conviction 2. Love 3. Tongue 4. Faithfulness 5. Generosity 6. Diligence 7. Privilege Mentality 8. Humility	1. Assurance of Forgiveness 2. Know your Enemy 3. Offensive / Defensive 4. Questionable Activities 5. Corinthian Grid 6.
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## **III. Proper Relationship With Others**

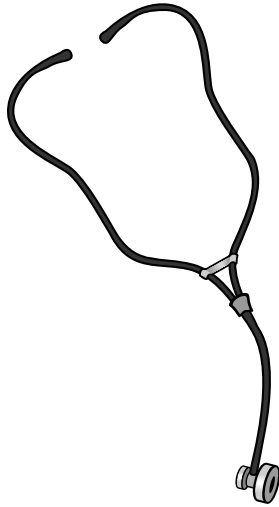
### **1. Vision**

### **2. Evangelism**

### **3. Fellowship**

### **4. Leadership**

1. World Vision 2. Vision for Multiplication 3. Personal Vision 4. Campus Vision	1. Understanding the Gospel & the Response to the Gospel. 2. Knowing the Process 3. Living Among the Lost 4. Testimony & Bridge 5. IBD's & Apologetics	1. Church 2. Servanthood 3. Dealing with Conflict 4. Accountability 5. Co-Laboring	1. Initiative 2. Creativity 3. Excellence 4. Personal Responsibility 5. Delegation & Empowering 6. Assessment and Feedback
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## A "Spiritual" Check-Up

Nobody likes going to the doctor. To begin with, sometimes they ask you to do things that make you feel a little uncomfortable, e.g. "take off your clothes," "fill us this bottle," "bend over and cough." Not much fun.

On the other hand, it's not much fun to be sick either. And, an occasional check-up or physical done by a good doctor can help us keep our bodies in shape. Knowing that doesn't make the visit any more fun, but it does remind you why it's necessary.

You're getting ready to take a test that will provide a check-up of your spiritual life. We promise you can keep your clothes on, you won't have to bend over, and you won't have to fill any funny bottles. But, it still may be a little uncomfortable. You may feel the pressure of some probing questions, or you may feel the pain of some areas that you don't like thinking about.

Your honesty is important in this examination. Nobody is going to see your answers but you and the person giving you this test.

### Some Suggestions:

1. Set aside at least 45 minutes of quiet time to think through and write down your answers.
2. Keep your answers between you and God, to be shared only with the one person giving you this test.
3. Let's get together in about a week to go over the results of your examination.
4. Jesus is the Great Physician. Try to keep an open mind about how He might want to use this check-up in your own life.

- I. **Pulse:** Are you a Christian? \_\_\_\_\_ Describe your relationship with Jesus Christ.

On a scale of 1 to 10 (1 = potential axe murderer, 10 = the next Mother Theresa), how would you describe your relationship with Christ? \_\_\_\_\_ Why? \_\_\_\_\_

- II. **Red Blood Cells:** (carry the oxygen that prevents anemia/sluggishness)

A. Devotional Life

1. Do you spend any time during the week reading the Bible or praying on your own? Describe these times and about how often you do this.

2. How would you like to see these times get better? And what do you think is keeping these devotions/quiet times from being all they could be?

B. Relationships that keep the arteries open.

1. In what ways do you feel that you and God have a friendship together?

2. What does God think of you?

3. Do you have a church fellowship where you try to regularly take part in Sunday worship? Describe.

- III. **White Blood Cells:** (disease fighters for inner cleansing and renewing)

A. How does your faith in Christ affect your ability to be accepting, loving and forgiving?

B. How do you deal with feelings of guilt or shame?

## A "Spiritual" Check-Up

### IV. **Brain Scan:** (check out your mind)

A. What are the three of the biggest doubts/questions that you seem to struggle with?

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B. What can you/are you doing to deal with these doubts or questions?

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C. How would you describe your understanding of the Bible? Pick one of the following phrases that best sums up your ability to find helpful answers in the Bible? (a) Bible? What's a Bible? (b) I can't ever find anything I need when I need it. (c) I'm okay with the New Testament but the Old Testament is like an old "B" movie with subtitles (d) I think I'm beginning to get more out of the Bible when other people speak or teach from it. (e) I'm a regular Bible whiz kid: next step is the memorization of Leviticus. Explain your answer below.

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D. How well do you feel you understand the basics of the gospel? Try to write a simple answer to the following questions:

1. What is sin?

2. What are the effects of sin?

3. Who is Jesus?

4. How does he deal with our sin?

5. Why does God offer us the gift of life with Him?

6. How do you receive that gift?

7. Who is the Holy Spirit and how does he fit in all of this?

8. If you were a contestant on a gameshow called "FaithFactor" and you were asked by the host to explain the following terms, which could you **not** explain? Circle them.  
sanctification justification grace faith confession repentance fruit of the Spirit

E. How would you describe your ability to fight off temptation? Choose the phrase below that best describes your approach. (1) Hot dog. This looks like fun! (2) Honk if you love Jesus (3) Get the heck out of Dodge (4) Pray (5) get with some people stronger than me (6) Other \_\_\_\_\_

Where do your biggest temptations come from? \_\_\_\_\_

F. How would you describe your self-image? \_\_\_\_\_

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### V. **Say "Ahhhhhh!"** (a look at the tongue)

A. Would people who know you say that spend more time encouraging people or competing with other people, or just ignoring other people?

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## A "Spiritual" Check-Up

### V. **Say "Ahhhhhh!"** (continued)

- B. What are some of the ways you build people up by what you say?  
\_\_\_\_\_
- C. What are the situations in which you are most tempted to sin by telling a lie?  
\_\_\_\_\_
- D. What types of situations trigger in you the temptation to cut someone down either in jest or in anger?  
\_\_\_\_\_
- E. Would your friends consider you a person who enjoys giving or receiving gossip?  
\_\_\_\_\_

### VI. **Probing the Heart**

- A. Describe ways that you are trying to become more like Christ in terms of pure thoughts/motives.  
\_\_\_\_\_
- B. What priorities in your life bring you closer to God?  
\_\_\_\_\_
- C. What priorities in your life might move you away from God?  
\_\_\_\_\_
- D. How are your relationships with friends affected by your commitment to Christ?  
\_\_\_\_\_
- E. How are your relationships with your family affected by your commitment to Christ?  
\_\_\_\_\_
- F. How are relationships with the opposite sex affected by your commitment to Christ?  
\_\_\_\_\_

### VII. **Reflex Check**

- A. How are you responding to some of the people around you that rub you the wrong way?  
\_\_\_\_\_
- B. How do you respond to the needs around you in your own family?  
\_\_\_\_\_
- C. How do you respond to the needs of your friends?  
\_\_\_\_\_
- D. How do you tend to respond to failure?  
\_\_\_\_\_
- E. How do you tend to respond to success?  
\_\_\_\_\_
- F. How do you tend to respond to pressure (at home, school, work)?  
\_\_\_\_\_

### VIII. **Eyes**

- A. What kind of vision do you have for how God might use you in the future?  
\_\_\_\_\_
- B. What are some of your blindspots in your life that seem to keep getting you into trouble?  
\_\_\_\_\_
- C. What guidelines do you use in trying to think about what kinds of movies and TV shows are healthy for you to watch?  
\_\_\_\_\_
- D. Do you have any trouble with pornography? If so, where are you getting it? Internet? Magazines?  
\_\_\_\_\_  
\_\_\_\_\_

## A "Spiritual" Check-Up

### IX. **Hands**

- A. In what ways are you involved in meeting the needs of others?  
\_\_\_\_\_
- B. What kinds of pressures keep you from working against injustices and other wrongs that you see around you?  
\_\_\_\_\_
- C. How willing are you to turn your financial decisions and choices over to God? How well is your Christian commitment expressed in your giving to the church or to those in need?  
\_\_\_\_\_

### X. **Hearing**

- A. At what times do you feel like you can really hear God speaking to you?  
\_\_\_\_\_
- B. What kinds of things keep you from better hearing God's will in your life?  
\_\_\_\_\_
- C. What other voices, sounds, in your life might be drowning out what God wants you to hear?  
\_\_\_\_\_
- D. Does the music you listen to enable you to walk deeper with Christ or does it cause you to stumble?  
\_\_\_\_\_

### XI. **Feet**

- A. If the Christian life is more of a marathon than a sprint, how would you describe your ability to go for the long haul?  
\_\_\_\_\_
- B. What kinds of "weights" (see Hebrews 12:1,2) keep you from running full speed for God? What is holding you back or tempting you to go off course?  
\_\_\_\_\_
- C. Compared to where you were in your spiritual life one year ago, how would you describe your progress over the last year?  
\_\_\_\_\_

***Adapted from: "A Spiritual Life Checkup," Leadership, Fall 1983***

# AN INSIDE LOOK

**Complete the following statements:**

1. When I get disappointed it usually is because....
2. The sin that always seems to trip me up is...
3. The biggest problem I seem to have at work is....
4. The thing that makes me the most angry is...
5. If I could change one thing about myself it would be...
6. The thing that perplexes me most about the Christian life is...
7. When I argue with others most of the time it is about...
8. When I feel inadequate it usually is because...
9. If I were to rate my spiritual life on a scale of 1 to 10, (1= bad, 10=great) right now it would be \_\_\_\_\_ because...
10. The thing I have the most trouble between God and I is...



# A Life2Life Ministry Declaration

## It's All about Relationships

**W**hen in the course of human events, it becomes necessary for a group of people to dissolve certain ministry assumptions and practices, a declaration of causes and principles should be stated describing this dissolution. This Ministry Declaration is a summons to think and act in ministry ways characterized by a life2life imperative.

Contemporary churches are on the hunt for the holy grail of ministry success, seeking freshly marketed programs to turn congregations around. Ministry successes are packaged and franchised, creating marketing lines of books, t-shirts, and specialty Bibles. In the pursuit of turn-key programs, ministry is easily reduced to techniques and curriculums. We have lost the importance of ministering to people life2life.

God intends ministry to be more than a commodity to purchase or a technique to perfect. Life2life ministry is the hidden work of the Holy Spirit, where one life touches another life through a Christ-centered relationship. Whether ministry means advancing the gospel, serving the disenfranchised, building the community of believers, or discipling people for maturity, we must renew our commitment to ministering life2life.

This requires enlarging our understanding of ministry, moving it from the expertise of professionals and formulaic programs, to ordinary people living and discipling as insiders, right where they live, work, or play. While classes, curriculums, and programs are helpful, they must not replace God's vehicle of people ministering to one another life2life.

**P**eople who practice life2life ministry hold the following truths to be self-evident.

- **God often starts with the small and unnoticed.** Whether it was a nomadic tribesman (Abraham), a nation of slaves (Israel), or “unschooled, ordinary” people (the Apostles), God begins with the small and unnoticed. Like the mustard seed, Jesus began small (with twelve) but thought big (all nations).
- **God prizes the transformed life.** True life is found when people are transformed into Christlikeness (Galatians 4:17). “Our aim is not first to act differently but to become different in our inner being.” Transformation is more than a series of self-help projects and information mastery; it's a lifelong process of being mastered by another—the living Christ.
- **God invites people to collaborate with Him.** When Jesus saw desperate people crowding for help, he didn't talk of building projects, television shows, or funds to raise. Instead, He challenged the disciples (and us) to pray for laborers, insiders who will assist in Kingdom-work (Matthew 9:36-38). What an amazing thought, God invites us to partner with Him in the work of the Kingdom. ►



- **God's partners are frequently amateurs and insiders.** An amateur suggests a “lover,” literally someone who does something for the love of it. The Bible is populated with flawed amateurs, men and women with quirks, faults, and faith-filled acts of love. Church historian Michael Green writes, “[The conversion of the Roman Empire] was accomplished by informal missionaries . . . people chattering [the gospel] to friends and chance acquaintances, in homes and wine shops, on walks and around market stalls.” These informal missionaries were insiders, people motivated by love to reach and disciple others where they lived, worked, or played.
- **God's work is local, planted in the splendor of the ordinary.** Jesus “moved into the neighborhood” (John 1:14, *The Message*), inviting believers and seekers to experience weddings, funerals, meals, dangers, and worship together. God walks everywhere “incognito.” Ministry, then, is more than activities in a building. Life2life ministry happens in life's classroom—the local PTA, a neighborhood office, an inviting kitchen, or a child's soccer game—wherever God is incognito.
- **God roots ministry in face-to-face community.** The New Testament is full of one-another, get-up-close, in-your-face admonitions. We're to serve, teach, love, submit, and forgive one another. We experience this in face-to-face community, not between the impersonal walls of a classroom. C.S. Lewis writes, “. . . we are not here to sell intimacy. We are here to be intimate.”
- **God delights in imaginative and creative acts of ministry.** Jesus was the master of imagination, using mustard seeds, prodigal sons, good Samaritans, and camels squeezing through needles, to teach truth. “The power of God is always exercised in personal ways, creating and saving and blessing.” We must move beyond evangelical templates and formulas to bold experimentation and imagination.
- **God longs for ministry to have the personal touch.** Spiritual mentoring, coaching, or discipling is as old as Moses with Joshua, Jesus with the twelve, and Paul with Timothy. Life2life ministry is pretty simple; it happens when we earn the right to intentionally come alongside people, in partnership with the Holy Spirit, to help them wholeheartedly follow Jesus. Whether it's one-on-one or in small groups, we go about making friends, reading the Bible, telling stories, asking questions, and encouraging application.
- **God calls every insider to be on mission.** Insiders are people living on mission in the quiet routines of daily life, living in such a way that it wins the respect of “outsiders” (1 Thessalonians 4:11). Insiders have an internal compass that points towards others, not themselves. They serve and witness, to the poor and not-so-poor, talking about God's mercy where they live, work, or play (Mark 5:19).

**I**n support of this declaration, and with a firm reliance upon the Holy Spirit, we pledge our time, talents, and treasure to advancing the gospel and building God's church, life2life.

This Ministry Declaration was developed by Navigator staff Bill Mowry (BMowry1@columbus.rr.com).

## **Mentoring Others** by Larry Glabe

Taken from the book: *The Adventure of Discipling Others* by Ron Bennett and John Purvis (pages 76-83)

SKILLFUL SPIRITUAL PARENTING IS critical to help new believers grow by design rather than by default toward spiritual maturity. But few people experience this type of mentoring themselves.

In groups where I've taught on mentoring life-to-life, I often ask how many have personally had intentional individual help in their spiritual life. One of ten to one of twenty is the normal response. But even without personal models, the benefits of learning and ministering in this manner are so critical, it's worth the effort to learn. As more people begin to experience personal mentoring, the more models we have, the greater the potential for others to be touched by this style of ministry.

I'm using mentoring to describe a spiritual, personal, intentional, life-to-life ministry to others. I define mentoring as:

Getting excited about helping someone else become successful by being an example, sharing my experience, and passing on my expertise in an encouraging manner.

Mentoring has unique benefits. Mentoring has the ability to build a greater level of trust, respect, and depth between people. In a mentoring ministry, people are willing to raise issues that often remain hidden. When mentors and the people they are mentoring establish a deep level of trust, they become willing to expose their real questions, weaknesses, and problems.

Paul speaks of this task I Corinthians 3:10: "According to the grace of God which was given to me, as a wise master builder I laid a foundation, and another is building upon it. But let each man be careful how he builds upon it."

A person reaching people is God's design for Kingdom influence and expansion. We can look at mentoring in light of the pattern, potential, process, and promise.

We read of the *pattern* in John 17 as Jesus reflects in prayer that He accomplished the work God gave Him to do. This work was different than his work on the cross. He's speaking of finished work. He was already done. You can summarize this work as:

1. He loved the world
2. He taught the multitudes
3. He gave himself to twelve people

We read of the *potential* of life-to-life ministry in 2 Timothy 2:2. The four generations highlighted in this verse create a picture of a chain. Each generation becomes a separate link that holds the chain together. Will we become the last link in the chain or will we add other links? Will we leave a legend or a legacy?

Paul told Timothy to "entrust" to faithful people what was entrusted to him. The word *entrust* implies something of value to be passed on. Where does the value come from? Who gives it value? Paul or Timothy? It seems that the mentors establish the value and then pass it on to succeeding generations. We can often become complacent and devalue what's valuable and fail to pass on both the content and its worth. What do you need to pass on to others that God entrusts to you?

We see an illustration of the process in 1 Thessalonians, especially in chapter 2, where Paul identifies his ministry as a sharing of both the Word and his life. He became a mother and father to these new converts. As a result of our personality or experience, most of us tend to be stronger either in the role of being gentle, tender, and affectionate, or in the role of being an exhorter, encourager and and trainer. Life-to-life requires the ability to become

both to those we mentor. Each personal encounter we have with a mentoree may require both roles.

God's *promises* are critical to sustain us in this personal ministry. Promises give us the power, perspective, and perseverance. Personally, Isaiah 60:21-22 has been foundational for me over the years. I pray over it with my wife when we get discouraged, and we ask God to fulfill it. It reminds us that God is building the house and He's more interested than I am to see it accomplished.

"Then will all your people be righteous and they will possess the land for ever. They are the shoot I have planted, the work of my hands, for the display of my splendor. The least of you will become a thousand, the smallest a mighty nation. I am the LORD; in its time I will do this swiftly." Isaiah 60:21-22

## THE PRACTICE

Truth never changes, but where people are in relationship to the truth does. As a spiritual mentor, it's helpful to have sound blueprints that help us guide young believers to truth.

### SELECTION

The first important question is, Who do we mentor? How do we decide who to invest personal time in? Jesus spent all night in prayer just prior to selecting the Twelve. He was confident from His prayer in John 17 that those He invested in were ones that God had given Him. We need to be confident that we're investing in those God gives us.

One grid I've used over the years to help me discern who to invest in is asking the question "Do they have a heart for God, His Word, and people?" These three qualities to becoming a link in the chain of spiritual reproduction. The people in question may not know a lot and they may have major obstacles to overcome, but if they demonstrate these three qualities, they become potential mentorees for me. I've found Isaiah 58:10 helpful for the process of selection for mentoring: "and if you spend yourselves on behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday."

Finding those who are hungry is essential to investing my life. A number of ways exist for finding hungry people, but one way I do it is to, in a spiritual sense, lay food before people and see if they eat it. When I lead a small group or workshop, I look to see who seems to pick up on what I'm sharing and which men display hunger. It's easy to sense a "been there, done that" attitude or a "ho hum" response. Likewise, those who pick up on the Word, ask questions, or seem to reflect on it become potential mentorees.

### VISION

Laying out a vision for growth is another practical part of a mentoring ministry. We need to establish the parameters of where we're going, how we're going to get there, and how long we're planning to take. Proverbs 29:18 reminds us, "Where there is no vision the people perish.:

Describing where we're going is beneficial to both the mentor and the mentoree. Having a roadmap that describes the process helps each person have a clearer understanding of what's expected. I use a diamond with four sides to illustrate four stages of spiritual maturity. I explain what each side means in terms of spiritual maturity and use it to paint the big picture. I also help the mentoree to identify where he is in the process.

I also share the vision referring to the Great Commission and the Great Commandment like a pair of glasses. There are two lenses but one vision. We don't walk with one eye covered; instead we keep

both eyes open and look ahead through both lenses at the same time. The Great Commission tells us what to do and the Great Commandment tell us what we are to become. Both are critical for maturity.

In establishing the vision for mentoring, the mentoree needs to answer two vital questions: (1) Do you want to grow spiritually? In light of the vision, is that where you want to go and is that what you want to become? and (2) Do you want to learn from me? This question goes beyond the person being a learner to credibility and trust factors that will allow mentoring to take place.

## **STRATEGY**

We can build how we'll accomplish the vision around using what I call a "balanced spiritual diet." When asked to identify the basic food groups, most young people reply with McDonald's, Burger King, Pizza Hut and Taco Bell. However, nutritionists know better. Currently, we're told that a healthy diet consists of six basic food groups. Each food group provides some but not all of what is needed. A healthy diet requires the right balance of all six.

Effective mentoring has four basic ingredients for a healthy spiritual diet. These four ingredients form the structure for our intentional time together, which can be either formal or very casual. The amount of each ingredient may vary but overall we need to strive for balance.

## **MENTORING – A BALANCED SPIRITUAL DIET**

When I meet with those I'm mentoring, I plan my time around these four ingredients:

1. Progressive Relationship
2. Practical Truth
3. Pertinent Issues
4. Personal Questions

I don't have to put something in each group each time we meet. But over time, I want to ensure that a balanced diet is achieved. Sometimes I come prepared to cover a Practical Truth and find that the Spirit of God is focusing on a Pertinent Issue. Be sensitive to where God is working. Allow God's Spirit to lead you both in planning and in adjusting your plan. Let's look at each of these basic spiritual food groups individually.

### **1. PROGRESSIVE RELATIONSHIP**

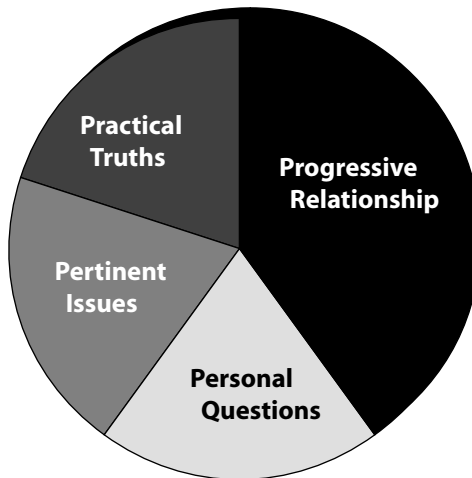
Remember the phrase "does anybody really know and does anybody really care"? People seem to be asking that. People aren't just spiritual—they're also social, intellectual, and physical. We're told in Luke 2:52 that Jesus grew in all four areas. We need to relate to the whole person. We should be asking how we can get to know a mentoree better considering all four areas of a person's life. This involves two-way communication, spending time together, doing activities together, and serving each other.

The word *consider* in Hebrews 10:24-25 means to give thought to, plan, or consider ahead of time. As disciples, we need to intentionally connect with the other person in a comprehensive life setting. The greater the areas of contact, the more effective the impact.

Setting the right environment is a critical part of mentoring. The environment answers the question, "Is the relationship safe?" A greenhouse is a safe environment for plants. Protected and controlled, it allows the plants to get a healthy start. Mentoring should be a greenhouse for safe growth. New believers need an environment where they are:

- listened to
- taken seriously
- understood
- accepted

Each time I meet with someone I'm mentoring, I spend initial time connecting relationally- getting caught up since our last meeting. Once we establish a deeper relationship, catching up is usually adequate. In the beginning, we may need to spend a larger proportion of time in this ingredient then we will later.



**AT THE BEGINNING**

## **2. PRACTICAL TRUTHS**

This ingredient deals with the "truths" of the Christian life. These truths are to be modeled, taught and developed. This usually takes place in the form of some kind of Bible study. This time in Scripture may be casual or formal. It may come from a published Bible study or meditating over a passage of Scripture.

The Navigators' "Wheel Illustration" is a good model for identifying some basic truth concepts and skills that young believers need to grow as disciples. These fundamentals are like the basic skills in baseball. No matter how advanced players are, they always need to practice the fundamentals.

This ingredient of spiritual mentoring is critical for authentic growth. Paul stresses this to Timothy in 2 Timothy 3:16-17: "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

## **3. PERTINENT ISSUES**

This ingredient deals with real and current life issues. In real life in real time, issues seem to surface that we don't plan. Often they surface out of crises, need or adversity. At other times, they surface from changes in circumstances or inviting opportunities.

As the mentoree shares concerns or as the mentor makes observations, they can identify these issues. I find that usually pertinent issues revolve around character. Sometimes I make a list of the pertinent issues I observe and let the mentoree make his own list. We then take turns addressing items on our lists. This way we both address what we feel is important.

Dealing with pertinent issues means looking at life issues through the lens of Scripture. What does Scripture say? Do beliefs, practices, or attitudes exist that aren't in alignment with God's life manual? Do some areas of life still need to be brought under the authority of God's Word? The mentor and the mentoree can usually identify these issues because a life area is broken and is not working.

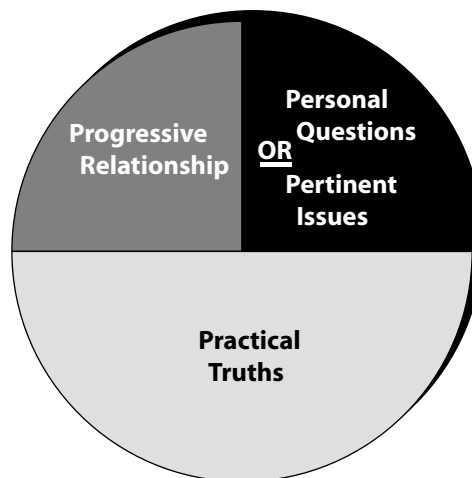
#### 4. PERSONAL QUESTIONS

What does the mentoree want to know? This is a chance for him/her to ask anything he/she wants about becoming a mature follower of Christ. We often assume that because we've talked about a subject, the people we're mentoring get it—but they may not. We need to allow the opportunity for people to raise questions even if we don't have answers. These questions may require mentors to do some additional study and return to the issues later.

### THE DIET IN PRACTICE

Sometimes when I meet with a person, I cover the four spiritual food groups in order. But other times I mix them up. We may be discussing a Practical Truth when we hit upon a Pertinent Issue. The mentor needs wisdom and discernment that the diet stays balanced. Too much time on the relationship leaves a person starved for truth. Too much time on Practical Truth leaves the person starved for authentic relationship.

If I have an hour scheduled to spend in a mentoring setting, I usually plan on spending about 25 percent on the Progressive Relationship, 50 percent on Practical Truths and the other 25 percent on either Pertinent Issues or Personal Questions.



**AFTER THE RELATIONSHIP IS ESTABLISHED**

The chart on the following page can be a helpful tool for disciplers to use as they meet with a growing disciple. I refer to it as "Charting the Course." This planning guide helps you keep current, especially if you are meeting with more than one person. I fill this out before and after I meet with the growing disciple. I can use it to pray over during the week and as a way to check to see if the spiritual diet is balanced. You can copy this form or create your own using these ideas.

## Charting the Course

Person \_\_\_\_\_ *Basic facts of the mentoring time.* Date \_\_\_\_\_ Place \_\_\_\_\_

**Prayer:** These areas and issues where I'm praying for the growing disciple. These may be issues that the disciple asks prayer for or issues I observe and have concerns about.

**Plan:** This is what I intend to cover as we meet. This agenda is set in agreement with the disciple as an upfront contract. **(Have them answer questions like: How long will we meet? What do you want to cover? Where are you in your walk with God? Where do you think God wants you to grow? What's really on your heart to learn?)** This allows us to agree on expectations. When using the Balanced Spiritual Diet plan, this allows me to focus our meeting on the part of the diet that's essential right now.

**Progress:** These are notes I make for myself after our meeting to keep me focused on what's taking place. It might be answers to prayer, victories won, or temporary setbacks.

**Possible Future Ideas:** This is a place to record ideas for discussion or study. If the new idea stands the test of time and prayer, I then can address it in a future time with the growing disciple.

**Prayer Items:** The meeting time may generate new issues for prayer with directly or indirectly.



## Charting the Course

Person \_\_\_\_\_ Date \_\_\_\_\_ Place \_\_\_\_\_

***Prayer:***

***Plan:***

***Progress:***

***Possible Future Ideas:***

***Prayer Items:***

One • to • One Checklist			
Name:		Birth Date:	School Year:
Address:		Family:	Year in School:
Phone:			1 2 3 4   5 6
Email:			
How long a Believer?		Lester:      STP:      Overseas:	Leadership:

Goals						
Topics	Resources		Completed	Timetable		
I. HEART (Basics) -Christ the Center Assurance Lordship Holy Spirit -Word Memory Study Hand -Prayer Quiet Time ACTS -Fellowship Giving -Witnessing -Obedience Confess Temptation	Bible Study			Aug.		
				Sept.		
	Books			Oct.		
				Nov.		
	Media			Dec.		
	Message					
II. VISION -Great Com. -Follow Up -Discipleship -Multiplication -Promises	Cross Exposure			Jan.		
	Activities					
	Tools / Skills			Feb.		
			Mar.			
III. DOCTRINE - Trinity - Diety of Christ - Salvation - Sanctification - Satan - Church - O.T./N.T. Survey - Apologetics	One to One			April		
				May		
IV. MINISTRY - Evangelism Bridge Well Openers Testimony IBD - Follow Up - Planning - Servanthood	With Them			June /July		
V. CHARACTER - Faith, Hope - Love - Humility - Identity in Christ - Purity - Integrity - Faithfulness	Learning Exp.					