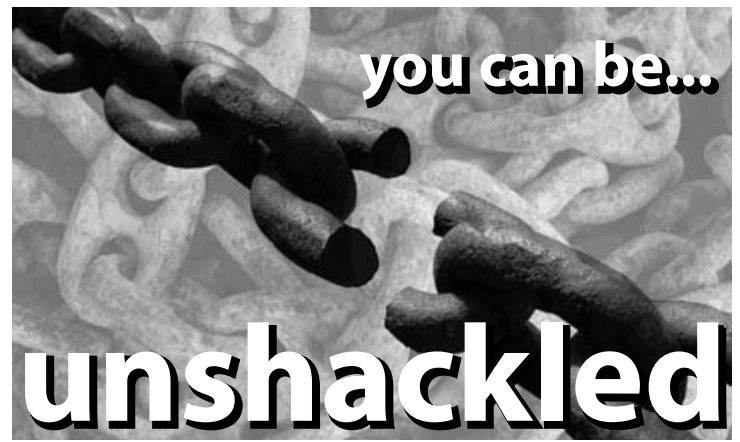
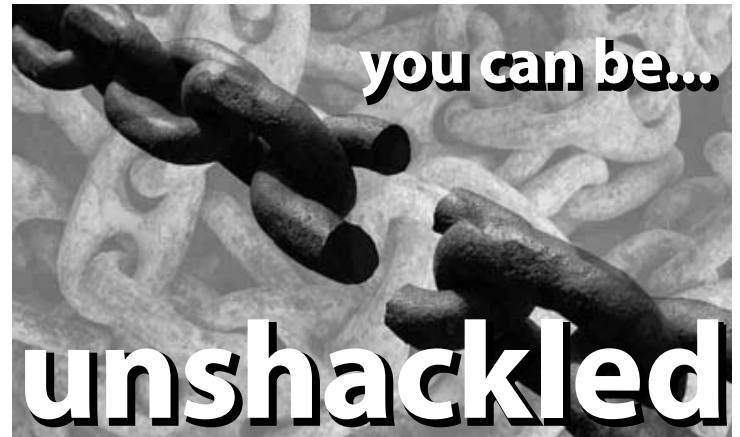


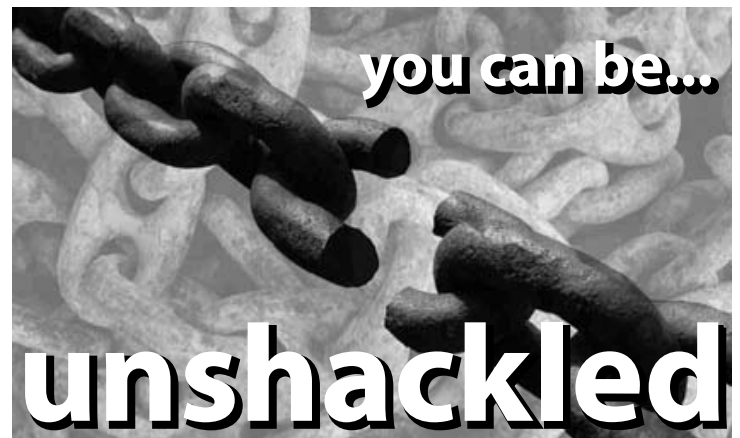
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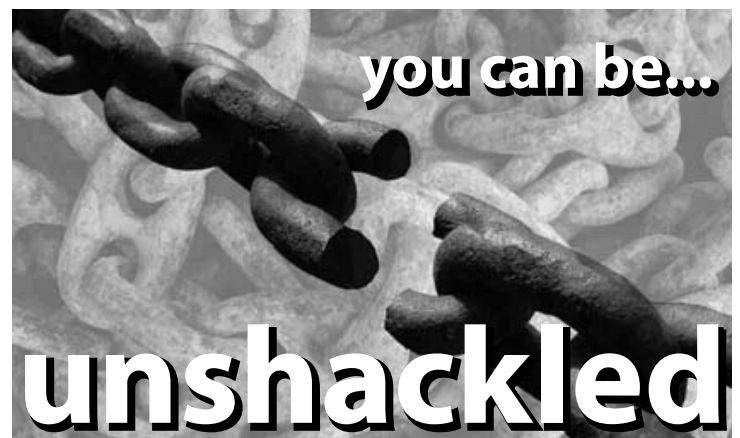
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## so how then do I get unshackled?

*Pray to God about these truths:*

- **Forsake SIN and ask God for FORGIVENESS**

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.1 John 1:9 NIV

- **Leave the loneliness of SHAME and by faith pray to God and ask to be a part of His FAMILY.**

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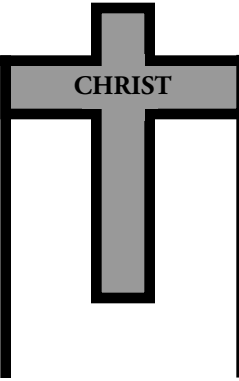
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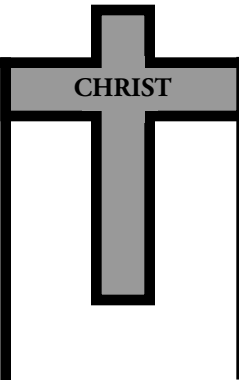
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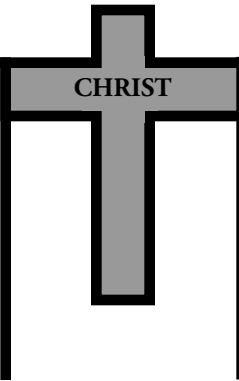
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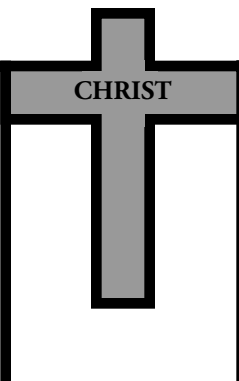
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**Not only do we **SIN** but many of the **SINS** we struggle with we have little power to quit doing.**

"...For I have the desire to do what is good, but I cannot carry it out." Romans 7:18 NIV

**And let's admit it, there are some **SINS** we commit that we have little desire to discontinue.**

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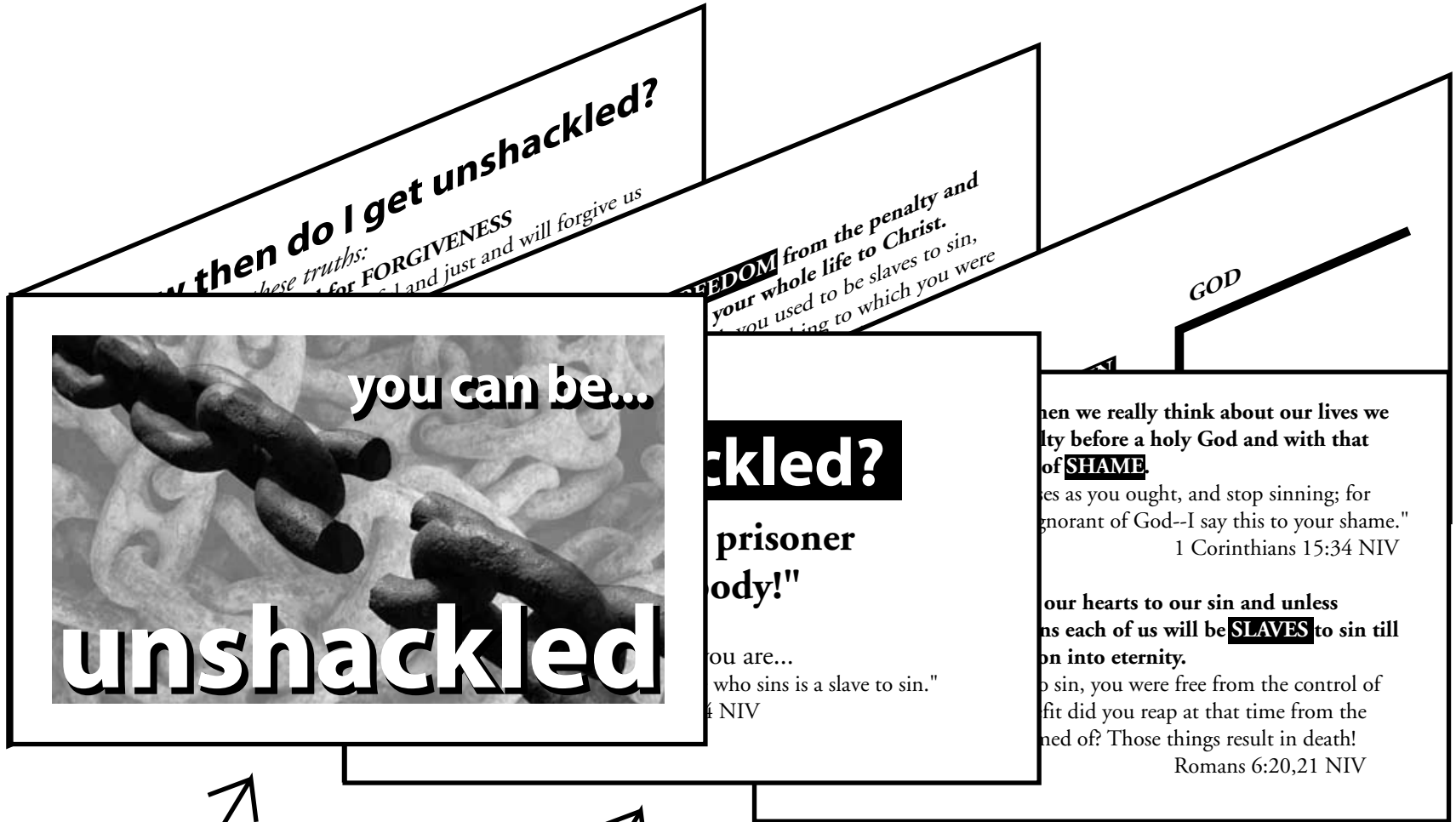
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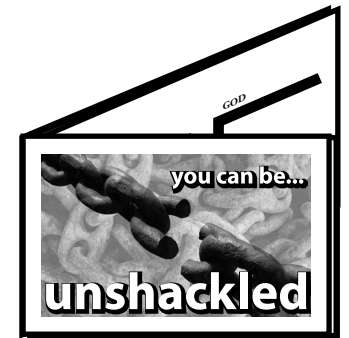
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Assembled it looks  
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