

## "Experience is not the best teacher, evaluated experience is the best teacher". Howard Hendricks

Periodicallly it is good to reflect back on your experience to see what you have learned that you can carry with you into your future. One of the ways of doing this is by scheduling a REAP time to evaluate what God has taught you over a period of time. REAP the benefits of what God has been teaching you.

READ - Look through any notes you have taken from your spiritual journal, Bible study materials, Quiet Time notes and the underlining and notes you have written in your Bible. What are key lessons from these sources that you want to remember?

EVALUATE - Consider the lessons you have learned and noted from your reading. What understanding and wisdom have you gained through these lessons? What importance do these lessons have for your life? What have you learned from the new people you've met or others you've gotten to know better?

APPLY - What difference do these lessons make in your life? What has changed in your thinking, your attitudes and your behavior? What needs to change? What will you do? What difference will this make in your life in the future?

PEAU - Spend time praying over the lessons that God has taught has taught you. Praise Him for his good plan in your life (Jer 29:11), confess how you have fallen short of His plan, thank Him for working through His Word, His people and your life experience to teach you and ask Him for His enablement to live out what He has been teaching you.