

IN CHRIST

Living in Christ

READ Ephesians 1-3

- ANSWER**
- Look at Ephesians 1-3 and highlight all the verses that use the phrase 'in Christ' or 'in Him'. What does it mean to be 'in Christ'?
 - What are the blessings that come from being 'in Christ'?
 - What were the consequences of not being 'in Christ'?
 - What is the difference now that we are 'in Christ'?

- APPLY**
- Why do so few Christians live in light of who they are 'in Christ'?
 - How can we live by the truth that we are 'in Christ'?
 - Scripture says that Christ is in us (e.g. Colossians 1:27) and that we are 'in Christ'. How do these two truths come together? What is the difference between them?

IN CHRIST Living as Christ does

READ Ephesians 4:1-6:9

- ANSWER**
- Look at Ephesians 4:1-6:9 and highlight all the verses that use the phrase 'as Christ' or 'as in Christ' or 'as to the Lord'. What does it mean to live as Christ would? Why are we called to do this?
 - Contrast how we used to live before Christ and how we are to live now that we are 'in Christ'.
 - How does living 'in Christ' affect our relationships?

- APPLY**
- What is the quality of relationships that you offer to others?
(think about your family, friends, classmates, professors, roommates etc.)
How can you improve in your relationships?
 - How would it change your life if you sought to do all things 'as Christ would' or 'as unto Christ'?
 - What do you need to discontinue in your life to become more like Him?
What corresponding godly action do you need to take to replace it with? (e.g. Ephesians 4:25 "put off falsehood" and "speak truthfully")

IN CHRIST

Putting on Jesus Christ

READ Ephesians 6:10-24

- ANSWER**
- Look at Ephesians 6:10-24; Romans 13:14 and Ephesians 4:22-24. From these verses what does it mean to 'put on Jesus Christ'?
 - What does Ephesians 6:10-24 say about spiritual battle? What is the role of prayer in spiritual battle?
 - Look at Ephesians 1:15-23 and Ephesians 3:14-21. What did Paul pray for the Ephesians? How does the fact that Paul sees himself as 'in Christ' affect his prayer life?

- APPLY**
- What do you pray for others? Is Paul's prayer life different than yours? How can yours be more like his?
 - In spiritual battle we are not commanded to take territory but to stand firm in the territory we already possess 'in Christ'. Each piece of armor defends us as we stand 'in Him'. What then should be your focus as you engage in spiritual battle? How can you stand firm in practical ways?