

**Description:** Have you ever been told that you're too young to accomplish something? Maybe it was by your parents, teachers, or your peers. What if we told you that you can make a difference right now? Listen and learn the truth that you are never too young to accomplish big things.

**Key Verses:** 1 Timothy 4:12, 15

**Prompt:** When you are young, it is easy to look forward to *getting older*: new opportunities, new responsibilities, new challenges. Take a few minutes with your students to hear what they are looking forward to after high school. Ask them what they look forward to in their twenties. See if they look beyond, to their thirties, forties, etc. Affirm the ability to "look forward," but let them know this PowerTrax will encourage them to seize opportunities now, in their youth, where God can use them.

**Play:** Video of Todd Shoemaker, "Never Too Young" [www.buildmomentum.org/resources.html](http://www.buildmomentum.org/resources.html)

**Process:** Select from the following questions to help students **remember**, **rekindle** and **reengage**.

- ⏪ Todd admitted being told, "You're too young," drives him nuts. ***Have you ever been told this? What were the circumstances and how did you respond?***
- ⏪ Everyone comes to the point where they wish they were young again. ***What were some of the perks Todd listed for being young?***
- ⏪ Read Acts 16:1-5; 1 Timothy 4:12, 15; 2 Timothy 1:1-7; 3:10-17. ***What do you know about Timothy and his faith journey?***
- ⏪ Paul was a great mentor for Timothy. He essentially said, "I believe in you." ***Who is a mentor in your life? How does he or she help you make a difference for God?***
- ⏪ Todd talked about the power of "believing in yourself." As a Christian "believing in yourself" is different than what the world teaches. ***What makes Christian self-confidence better?***
- ⏪ Your age is only one excuse you might use to keep you from doing great things for God. ***What are other excuses you use that hold you back from being a difference maker?***
- ⏪ Todd provided 4 discussion questions: ***What can you start doing to make a difference? What leadership can you develop in your youth group? What changes can you make in your school? In your neighborhood?*** (NOTE: He gives students time to discuss, and the video momentarily fades. You may pause and discuss each question in turn, or tackle them all at the end.)
- ⏪ ***What action steps can you take this week to make a difference?***

**Pray:** Break students into small groups and have them state one area where they feel God can use them to make a difference. Have them pray for one another to receive God's wisdom and blessing.