

◀◀ Momentum Rewind Sessions

Momentum Youth Conference (MYC) is **not** a destination or an end, but a *mile marker* in following Jesus. We have designed an intense week to challenge your students' faith. You, on the other hand, have been entrusted with shepherding these students through many formative years. Godspeed.

To better serve you in this partnership we have designed ◀◀ **Momentum Rewind Sessions** as a follow up to MYC's main speakers. The 21 ◀◀ **Momentum Rewind Sessions** follow a simple format (the *What*), geared to help your students **remember**, **rekindle**, and **reengage** God and others (the *Why*).

WHY use ◀◀ Momentum Rewind Sessions?

Remember key truths God taught them: Within a week of coming home, your students will return to the world of Push notices, Pokemon Go, and peer pressure. Lessons God taught them will fade. *Cultivating spiritual memory is key to maturing in Jesus.* So said the Apostle Paul: "To write the same things to you is no trouble to me and is safe for you" (Phil. 3:1b, ESV).

Rekindle passion and commitments your students made: When lights are dimmed and music pulsing, students feel their spiritual passion surge. They make commitments and write them down. Then they return home and daily challenges drag them down. Passion requires ongoing attention. The apostle Paul told Timothy to "fan into flames the gift of God..." (2 Tim. 1:6, ESV)

Reengage their spheres of influence: Whatever truth and passion God stirred in your students, He intended it to overflow. *God calls each student to live ON MISSION in their sphere of influence* – home, church, work, sports, and school – where he or she may show and tell of God's redeeming love. "You are my witnesses," Jesus said (Acts 1:8). This still applies.

WHAT's in the ◀◀ Momentum Rewind Sessions?

- ◀◀ **Prompt:** Each lesson begins with a question or illustration to peak interest.
- ◀◀ **Play:** Each lesson has a link to a recording of the main speaker's lesson.
- ◀◀ **Process:** Each lesson provides follow up Bible passages and reflection questions.
- ◀◀ **Pray:** Each lesson closes with an opportunity for accountability and prayer.

We recognize curriculum is but one resource in the discipleship process. And there is no shortage of good curriculum. However, in our speedy culture, we believe there is great value in review and reflection. This is designed to build on what God started in your students. Consider letting them lead it.

An Incentive: If you pass this curriculum opportunity on to a youth worker who has never brought his/her church to Momentum, and they sign up as a new church,* *you will receive one free registration for your church.*** Two new churches = two free registrations. **For more information**, call the Momentum office at 574.267.6622 and ask to talk to Erin.

**Each new church must have at least 5 people registered for full the week of conference. **Each free registration is for ONE student and may not be divided between students. Note: New churches may be eligible for the new church discount.*



Key Passages: James 3:9; 2 Corinthians 5:15-21

Core Truth: I will choose to be only one for the Only One.

- ⏪ Don't become comfortable in your **inconsistencies**.
- ⏪ Admit your **failures** to others.
- ⏪ Practice **restraint**

Prompt: Listen to Carry Underwood's song "Jesus Take the Wheel." Ask your students what they think the song reflects about her faith. Ask your students if they know other Carry Underwood songs. Make the connection that you sometimes sing two different kinds of songs: Sunday worship songs and "worldly" midweek songs. Ask your students which type of songs *really* reflects them? Then prepare them for a strong message from Keith Minier about integrity, identity, and our witness.

Play: Video of Keith Minier, "I Am Real" www.buildmomentum.org/resources.html

Process: Select from the following questions to help students remember, rekindle and reengage.

- ⏪ Reread 2 Cor 5:15-21. **What does this passage tell us about God's plan to reach the world?**
- ⏪ Keith uses two Carry Underwood songs to diagnose the problem of "Country Music Walmart Christianity" in the church. **What is this major issue in the church? What are other examples?**
- ⏪ The Apostle James condemned the double-minded person (James 1:8; 4:8). He also warns against speaking blessings and curses from the same mouth (James 3:9). Keith called this *unrighteous* and *inconsistent*. **What are the result of duplicitous faith?**
- ⏪ **What do you hear people say about hypocrisy in the church? How do you address it?**
- ⏪ The big idea was "I will choose to be only one for the Only One." **What does this mean?**
- ⏪ **What were Keith's three ways of 'being only one for the only one'?**
- ⏪ Keith described inconsistency as "a room I didn't belong in." **What are these rooms for us?**
- ⏪ **How do Christians overcome the stereotype that they think they are perfect? Is this easy?**
- ⏪ When Keith talked about practicing restraint, he said God's glory and mission matter more than our individual freedom. Because we can, doesn't mean we should. **How does this apply to you?**
- ⏪ Keith closed by saying, "I'm not a follower of Jesus because his followers are consistent, but because He is consistent." **How has Jesus been consistent in your life? Be specific.**
- ⏪ **Who is your person? What is your pond?**

Pray: Have students write down their person and pond. Give them a chance to share this before praying for integrity and opportunity to witness to the Only One.