

## ◀◀ Momentum Rewind Sessions

Momentum Youth Conference (MYC) is **not** a destination or an end, but a *mile marker* in following Jesus. We have designed an intense week to challenge your students' faith. You, on the other hand, have been entrusted with shepherding these students through many formative years. Godspeed.

To better serve you in this partnership we have designed ◀◀ **Momentum Rewind Sessions** as a follow up to MYC's main speakers. The 21 ◀◀ **Momentum Rewind Sessions** follow a simple format (the *What*), geared to help your students **remember**, **rekindle**, and **reengage** God and others (the *Why*).

### WHY use ◀◀ Momentum Rewind Sessions?

**Remember key truths God taught them:** Within a week of coming home, your students will return to the world of Push notices, Pokemon Go, and peer pressure. Lessons God taught them will fade. *Cultivating spiritual memory is key to maturing in Jesus.* So said the Apostle Paul: "To write the same things to you is no trouble to me and is safe for you" (Phil. 3:1b, ESV).

**Rekindle passion and commitments your students made:** When lights are dimmed and music pulsing, students feel their spiritual passion surge. They make commitments and write them down. Then they return home and daily challenges drag them down. Passion requires ongoing attention. The apostle Paul told Timothy to "fan into flames the gift of God..." (2 Tim. 1:6, ESV)

**Reengage their spheres of influence:** Whatever truth and passion God stirred in your students, He intended it to overflow. *God calls each student to live ON MISSION in their sphere of influence* – home, church, work, sports, and school – where he or she may show and tell of God's redeeming love. "You are my witnesses," Jesus said (Acts 1:8). This still applies.

### WHAT's in the ◀◀ Momentum Rewind Sessions?

- ◀◀ **Prompt:** Each lesson begins with a question or illustration to peak interest.
- ◀◀ **Play:** Each lesson has a link to a recording of the main speaker's lesson.
- ◀◀ **Process:** Each lesson provides follow up Bible passages and reflection questions.
- ◀◀ **Pray:** Each lesson closes with an opportunity for accountability and prayer.

We recognize curriculum is but one resource in the discipleship process. And there is no shortage of good curriculum. However, in our speedy culture, we believe there is great value in review and reflection. This is designed to build on what God started in your students. Consider letting them lead it.

**An Incentive:** If you pass this curriculum opportunity on to a youth worker who has never brought his/her church to Momentum, and they sign up as a new church,\* *you will receive one free registration for your church.\*\** Two new churches = two free registrations. **For more information**, call the Momentum office at 574.267.6622 and ask to talk to Erin.

*\*Each new church must have at least 5 people registered for full the week of conference. \*\*Each free registration is for ONE student and may not be divided between students. Note: New churches may be eligible for the new church discount.*



**Core Truth:** Obey God's clear, moral will *for all believers* rather than obsessing over his mysterious plan *for your life*.

- ⏪ God wills we **know him intimately** (1 John 3:1-3)
- ⏪ God wills we are **Spirit-filled** (Ephesians 5:16-18)
- ⏪ God wills we are **sanctified**/sexually pure (1 Thessalonians 4:3)
- ⏪ God wills we **suffer** (Philippians 1:29; James 1:2-4; 1 Peter 4:9)

**Prompt:** We're going to play a game called MASH (see attachment for instructions). The speaker uses this game to illustrate the different approaches to understanding God's will. We tend to view God's will as a specific, mysterious, personal plan for my life OR His general, moral calling on our lives.

After playing the game, stress that being "set apart" relates to the general, moral calling on our lives, which is the topic of Afshin Ziafat's upcoming talk.

**Play:** Video of Afshin Ziafat, "I Am Set Apart" [www.buildmomentum.org/resources.html](http://www.buildmomentum.org/resources.html)

**Process:** Select from the following questions to help students remember, rekindle and reengage.

- ⏪ In all of his travels, Afshin said the number one question he hears is: What is God's will for my life? ***Have you ever asked this? Why do you think this question is so common?***
- ⏪ Afshin spends a lot of time pushing against the mysterious, personal plan for your life. ***What do we tend to include in this personal plan? Why does Afshin push against this?***
- ⏪ While there may be fifty references to "God's clear, moral will for all believers," Afshin mentioned four. ***What were these four? What are others you can think of?***
- ⏪ ***What gets in the way of knowing God intimately?*** Be specific and personal.
- ⏪ The apostle argues against drunkenness because it edges the Holy Spirit out of our decision-making and will thinking. However, Afshin stressed that alcohol is not the only thing to keep us from being "Spirit-filled." ***What are parts of your life and culture that edge out the Spirit?***
- ⏪ Sexual sin may be difficult to discuss in mixed company. However, Afshin argued its importance by saying "Sexual immorality is destroying marriages, ministries, churches, and the young person's psyche. The enemy's strategy is to keep it in the dark long enough to devastate you." ***How is this topic addressed by your parents and peers? How have we addressed it here?***
- ⏪ Purity in marriage does not start in the altar, Afshin argued. ***What boundaries can you set today to set yourself apart for a pure and fulfilling married life?***
- ⏪ Another common question in Christianity is "If God is good, why does he allow suffering?" Afshin mentioned several passages about believers and their suffering. **Reread these verses (1 Peter 4:9; Romans 8:28-31; James 1:2-4) and discuss their meaning.**

**Prayer:** Consider having the students share one of the four elements of God's clear, moral will they want to become set apart in. Have the youth leaders pray over them, committing them to God.

# Mansion • Apartment • Shack • House • A game about your future

You and a friend will predict your future, based upon four categories. You will determine your future spouse, your future house, your future job, and your future car. After coming up with four choices for each category below, your friend chooses a fifth option, called \*The Whammy. Then your friend begins to draw a spiral from the center of the page. Once you say "Stop," you count the number of rotations to determine your magic number (example: 6). Use the magic number (ex. 6) to count off future options, scratching off every n<sup>th</sup> (ex. 6<sup>th</sup>). Once there is only one option left in any category, circle it to determine what your future holds. You should have one future house, spouse, job, and car.

**NOTE:** This does not predict your actual future. Only God knows that!

## Future HOUSE

Mansion

Apartment

Shack

Home

## Future SPOUSE

1.

2.

3.

4.

5.\*



## Future JOB

1.

2.

3.

4.

5.\*

## Future CAR

1.

2.

3.

4.

5.\*