

◀◀ Momentum Rewind Sessions

Momentum Youth Conference (MYC) is **not** a destination or an end, but a *mile marker* in following Jesus. We have designed an intense week to challenge your students' faith. You, on the other hand, have been entrusted with shepherding these students through many formative years. Godspeed.

To better serve you in this partnership we have designed ◀◀ **Momentum Rewind Sessions** as a follow up to MYC's main speakers. The 21 ◀◀ **Momentum Rewind Sessions** follow a simple format (the *What*), geared to help your students **remember**, **rekindle**, and **reengage** God and others (the *Why*).

WHY use ◀◀ Momentum Rewind Sessions?

Remember key truths God taught them: Within a week of coming home, your students will return to the world of Push notices, Pokemon Go, and peer pressure. Lessons God taught them will fade. *Cultivating spiritual memory is key to maturing in Jesus.* So said the Apostle Paul: "To write the same things to you is no trouble to me and is safe for you" (Phil. 3:1b, ESV).

Rekindle passion and commitments your students made: When lights are dimmed and music pulsing, students feel their spiritual passion surge. They make commitments and write them down. Then they return home and daily challenges drag them down. Passion requires ongoing attention. The apostle Paul told Timothy to "fan into flames the gift of God..." (2 Tim. 1:6, ESV)

Reengage their spheres of influence: Whatever truth and passion God stirred in your students, He intended it to overflow. *God calls each student to live ON MISSION in their sphere of influence* – home, church, work, sports, and school – where he or she may show and tell of God's redeeming love. "You are my witnesses," Jesus said (Acts 1:8). This still applies.

WHAT's in the ◀◀ Momentum Rewind Sessions?

- ◀◀ **Prompt:** Each lesson begins with a question or illustration to peak interest.
- ◀◀ **Play:** Each lesson has a link to a recording of the main speaker's lesson.
- ◀◀ **Process:** Each lesson provides follow up Bible passages and reflection questions.
- ◀◀ **Pray:** Each lesson closes with an opportunity for accountability and prayer.

We recognize curriculum is but one resource in the discipleship process. And there is no shortage of good curriculum. However, in our speedy culture, we believe there is great value in review and reflection. This is designed to build on what God started in your students. Consider letting them lead it.

An Incentive: If you pass this curriculum opportunity on to a youth worker who has never brought his/her church to Momentum, and they sign up as a new church,* *you will receive one free registration for your church.*** Two new churches = two free registrations. **For more information**, call the Momentum office at 574.267.6622 and ask to talk to Erin.

**Each new church must have at least 5 people registered for full the week of conference. **Each free registration is for ONE student and may not be divided between students. Note: New churches may be eligible for the new church discount.*



Key Passage: 1 Peter 2:1-12

Core Truth: When we know who we are, we will know what to do.

- ⏪ We are God's household (v. 5)
- ⏪ We are God's chosen people (v. 10)
- ⏪ We are God's possession (v. 10)
- ⏪ We are aliens and strangers in this world (v. 12)

Prompt: Our culture teaches us to craft our identity around our accomplishments and orientation. "I am an athlete." "I am gay." "I am a gamer." These identities rival what God says about us.

To get your students thinking about how they tend to these false identities, have them write down four words they use to describe themselves. Either have a few students share, or collect them without names and try guessing which words "identify" which students.* Then set the stage for Clayton who will contrast our biblical identity ("I am chosen") with our cultural profiles.

*This activity is akin to the game Loaded Questions. If your youth group is large, you will need to break up into smaller clusters or just select a few sheets. You may not have time to read all of the submissions.

Play: Video of Clayton King, "I Am Chosen" www.buildmomentum.org/resources.html

Process: Select from the following questions to help students **remember**, **rekindle** and **reengage**.

⏪ **Reread 1 Peter 2:1-12.**

- ⏪ 1 Peter 2:1-12 sets the tone for the theme for the whole Momentum conference. It talks specifically to believers about their identity in Christ. Clayton mentioned many *words* used to describe his identity: daddy, husband, pastor, evangelist, outdoorsman, musician, etc. He said some "identity" words are positive, some are not. **What words describe your identity?**
- ⏪ Clayton referenced studies in psychology that have proven our identities are wrapped up in what we think *other people* think about us, not about what we think about ourselves. **What people have formed your identity? And what do these people say about you?**
- ⏪ In 1 Peter 2:1-12 the author tells us four things God thinks about us. **What are the four things God says about us as believers?** (NOTE: This passage is intended for Christ-followers.)
- ⏪ Clayton shared about kickball and his adoption story to illustrate the power of being "chosen." **What are everyday experiences that tend to make us feel left out?**
- ⏪ Clayton showed off his autographed Bible (by Billy Graham, not God!), a prized possession. **What is your prized possession and how do you take care of it?**
- ⏪ **What can you do this week to lean into what God says about you to better live for him?**

Pray: Have students group up. Encourage them both to confess false identity markers and to embrace what God says about them as being His household, possession, and chosen people.