Momentum Afternoon Option Sign-Up Instructions

On Monday, June 6, Afternoon Option Sign-Ups will be live on your Lead Contact Dashboard. Login at <u>https://cenational.org/momentum/register/lc</u> to access your Lead Contact Dashboard.

The only day you MUST sign your group up for something is Saturday's outreach options. Wednesday – Friday you can elect to sign up your students for either on campus activities or off campus outreach options although you don't have to sign up for either on those days. There are "open play" options available. If you sign your students up for any on campus options, they cannot also participate in an off campus outreach option on the same day and vice versa.

If you wish to split your group up, i.e. some stay on campus and some go off campus, you must maintain your 12 to 1 ratio of students to adult leaders in either option.

For off campus outreach options you are responsible to transport your own group, however, if you would like to use transportation provided by Momentum, you MUST select an option under the highlighted areas below which Momentum will be transporting people to. If you choose to use Momentum's transportation means, you will be charged a \$4 per person fee at check in for any outreach options Wednesday – Friday AND Saturday.

The following pages outline the options that will be provided each day. We suggest looking through them before sign-ups are live on Monday to plan out your students' week and to identify a first and second choice as all sign-ups are on a first come, first served basis.

Should you sign up for any option and then find that your number needs to be adjusted per cancellations or additions to your group, contact us at momentum@cenational.org.

For groups selecting to go on any of the Wednesday/Thursday/Friday afternoon community outreach/service projects, you will be provided a boxed lunch as you board your transportation. These are at no extra cost UNLESS your group is a no-show or cancels after June 30 (or your group numbers are dramatically lower) - at which time a \$7/person charge will be added to your group's credit card held on file for incidentals.

If you select an On Mission Community Blitz option, you will be given more information as we near conference from our On Mission team pertaining to the street location you'll be ministering to. There will be an informational meeting on Friday at Momentum for leaders electing the Community Blitz option for Saturday.

Wednesday, July 27

Outreach/ON MISSION

Fairfield Church of God

Capacity: 10

Students will be painting and cleaning on various projects within the church and surrounding community.

Family Service of Middletown

Capacity: 20

Students will prepare and participate in a week of VBS training & clean up.

Hope House Rescue Missions

Capacity: 8 At Hope House, each student will organize in the food pantry and assemble packaging.

Huber Heights Grace Community Church Block Party Prep

Capacity: 20

Students will help advertise the Block Party happening at Huber Heights Grace Community Church on Saturday by handing out flyers and doing a community car wash.

On Mission Community Blitz, Beavercreek, OH

Capacity: 25 On Mission Community Blitz, Cedarville, OH Capacity: 25 On Mission Community Blitz, Jamestown, OH Capacity: 15 On Missions Community Blitz, Dayton, OH

Capacity: 75

On Mission Community Blitz serving opportunities will place your youth in different communities in and around the Cedarville, OH area. The serving opportunities will consist of your students going door to door asking residents if there are any small tasks your students could help with around the house, inside or out. The main goal is to create relationships with the homeowners through serving people. The projects at each home you go to should be something your students can complete in an hour or less to give you time to visit multiple sites on the same street. The homeowner is responsible for providing the needed tools, but your group should bring their own work gloves.

Oxford Community Choice Pantry

Capacity: 15

Students will volunteer in areas including vacuuming and mopping floors, stocking shelves, cleaning shelves and refrigerators/freezers and some general organizing and food sorting.

Salvation Army of Greater Cincinnati

Capacity: 25

The Dayton Food Bank helps Miami Valley, OH relieve hunger by having volunteers organize and distribute food to the less fortunate in their food bank.

Samaritan's Purse

Capacity: 20

Samaritan's Purse has many relief projects from construction to disaster relief. Students will help with various activities. An example would be assembling packages for the less fortunate within the community and internationally.

The Food Bank, INC

Capacity: 10

Volunteers will assist in the new raised-bed garden space. All ages are welcome to help with this project. Should we encounter rain, we will move individuals indoors to assist with food drive sorting.

Westover Retirement Community

Capacity: 10

Students will be interacting with the elderly at the Westover Retirement Community by playing games and simply talking to build relationships within the community and encourage the residents

Momentum Transportation:

On Mission Community Blitz, Xenia, OH

Capacity: 30

On Mission Community Blitz, Springfield, OH

Capacity: 50

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Yankee Road First Church of God

Capacity: 30 This project will consist of student volunteers painting, assisting in building projects, and cleanup.

Family Violence Prevention Center

Capacity: 30

This organization helps those in the community that suffer from domestic violence victims in Greene County. Classes and programs are offered for those who have faced domestic violence. Students will be helping with cleaning.

Hamilton Community Foundation

Capacity: 20

Development of future Hamilton Activities that impact the local community through cleaning, preparing for events, and organization.

Recreation on Campus with Advanced Sign Up

Cyborgs

Capacity: 40 per half hour

1:30 - 2:00, 2:00 - 2:30, 2:30 - 3:00, 3:00 - 3:30, 3:30 - 4:00, 4:00 - 4:30, 4:30 - 5:00, 5:00 - 5:30 Cyborgs is played in a building on the Cedarville Campus. Of the 40 players, 30 are "survivors" and 10 are "cyborgs." Once the survivors are released into the dorm, the cyborgs attempt to find the survivors and hit them with a foam finger rocket to tag them. Hit survivors return to the "span point." Will the cyborgs be able to find and hit all 30 survivors within the 30 minutes? Sign up one slot per individual.

Indoor Volleyball

Capacity: 25 teams

Co-ed volleyball-Teams must have both genders represented. Rotating is required and no more than six people on the court at one time. Rally scoring and games are played to 15 win by 2 or whoever gets to 21 first. First come, first served - spots remaining after online sign-ups will be available to sign up for at the Your Day Your Way Table at check in. Sign up one slot per team (not per individual)

Spikeball Tournament

Capacity: 12

Spikeball requires teams of two. Gentlemen serves will be required. It is open to all students. Scoring will be rally scoring with games being played to 21 win by 2. Pockets are played. First come, first served - spots remaining after online sign-ups will be available to sign up for at the Your Day Your Way Table. Sign up one slot per team (not per individual)

Momentum's Got Talent

Submissions are made online by June 10 at buildmomentum.org/talent.html

Students are encouraged to practice their skills such as vocal solos, teen challenges, creative writing, musical instruments, piano solos, and much more. Even art pieces can be brought to Momentum and entered. Students enter MGT by creating and uploading a video of themselves performing whatever they are planning to present or registering online that they are bringing a piece of artwork.

One of the great advantages of a student's involvement in Momentum's Got Talent is the opportunity to be eligible for scholarships. Several colleges give renewable scholarships to winners and often to students who are part of the audition round at Momentum.

In addition, several Momentum's Got Talent entries will be selected to present their talent in Momentum's main sessions. Students may end up singing (for example) in front of 2,000+ people!

Open Play Opportunities on Campus (no sign up necessary)

Climbing Wall – must have liability form signed by parents prior to Momentum if under 18. https://mydust.cedarville.edu/m/register?type=2 Hantis Cornhole Whiffleball Ultimate Frisbee Open Tennis - bring your own racket Campus Game Room Board Games Racquetball

Thursday, July 28

Outreach/ON MISSION

Cedarville Senior Citizens INC

Capacity: 4

Students will be interacting with the elderly at the Cedarville Senior Citizens Center by playing games and simply talking to build relationships within the community and encourage the residents.

Clinton County Services for the Homeless INC

Capacity: 10

Volunteers would be sorting and organizing donations such as clothing, household items, and food baskets. Outside yard work can include weeding, mowing, and cleaning

Fairfield Church of God

Capacity: 10

The students will be painting and cleaning on various projects within the church and surrounding community.

Family Service of Middletown

Capacity: 20 Students will prepare and participate in a week of VBS training & clean up.

Hope House Rescue Missions

Capacity: 8 At Hope House, each student will organize in the food pantry and assemble packaging.

Huber Heights Grace Community Church Block Party Prep

Capacity: 20

Students will help advertise the Block Party happening at Huber Heights Grace Community Church on Saturday by handing out flyers and doing a community car wash.

On Mission Community Blitz, Beavercreek, OH

Capacity: 25 On Mission Community Blitz, Cedarville, OH Capacity: 25 On Mission Community Blitz, Jamestown, OH Capacity: 15 On Missions Community Blitz, Dayton, OH

Capacity: 75

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Oxford Community Choice Pantry

Capacity: 15

Students will volunteer in areas including vacuuming and mopping floors, stocking shelves, cleaning shelves and refrigerators/freezers and some general organizing and food sorting.

Salvation Army of Greater Cincinnati

Capacity: 25

The Dayton Food Bank helps Miami Valley, OH relieve hunger by having volunteers organize and distribute food to the less fortunate in their food bank.

Samaritan's Purse

Capacity: 25

Samaritan's Purse has many relief projects from construction to disaster relief. Students will help with various activities.

Westover Retirement Community

Capacity: 10

Students will be interacting with the elderly at the Westover Retirement Community by playing games and simply talking to build relationships within the community and encourage the residents.

Momentum Transportation:

On Mission Community Blitz, Xenia, OH

Capacity: 30

On Mission Community Blitz, Springfield, OH

Capacity: 50

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Yankee Road First Church of God

Capacity: 30

This project will consist of student volunteers painting, assisting in building projects, and cleanup.

Family Violence Prevention Center

Capacity: 30

This organization helps those in the community that suffer from domestic violence victims in Greene County. Classes and programs are offered for those who have faced domestic violence. Students will be helping with cleaning.

Hamilton Community Foundation

Capacity: 20

Development of future Hamilton Activities that impact the local community through cleaning, preparing for events, and organization.

Recreation on Campus with Advanced Sign Up

Basketball Tournament Jr. High Division

Capacity: 16 teams

3 on 3 basketball tournament with Senior High and Jr High divisions. All games will be played to 11 by 1's and 2's or to 12 minutes. There is a round robin regular season followed by a single elimination tournament. First come, first served - spots remaining after online sign-ups will be available to sign up for at the Your Day Your Way Table at check in. Sign up one slot per team (not per individual)

Basketball Tournament Sr. High Division

Capacity: 30 teams

3 on 3 basketball tournament with Senior High and Jr High divisions. All games will be played to 11 by 1's and 2's or to 12 minutes. There is a round robin regular season followed by a single elimination

tournament. First come, first served - spots remaining after online sign-ups will be available to sign up for at the Your Day Your Way Table at check in. Sign up one slot per team (not per individual)

GooseChase

Capacity: 50 teams

Using the Goose Chase App, teams embark on an epic photo scavenger hunt and upload their photos in real time. Choose photo missions from the missions list and complete them by finding the subject and taking the photo. Upload them for point value and see if you can collect the most points in the allotted time. It's a fast paced game that will take you all over campus and into town in walking distance. Teams are up to 10 people. Sign up one slot per team.

Knockerball

Capacity: 20 people

2:30 -3:00, 3:30 - 4:00, 4:30 - 5:00

Perfect your rolls, flips, and wheels. "KnockerBallers" describes the sensation as almost defying gravity! Come enjoy KnockerSoccer as you're catapulted into rip roaring laughter, exhilarating knocks and rolls that will keep you coming back for more. Sign up 1 slot per person. Games are played 5 against 5 for 30 minute time slots on two fields.

Soccer Tournament

Capacity: 30 teams

Games will be played with 7 players on the field plus a goalie (team of 8). Soccer at Momentum will be played in two 10 minute halves with a 5 minute halftime. This a co-ed Momentum sport, however 1 member of each gender must be on the field at each time. First come, first served - spots remaining after online sign-ups will be available to sign up for at the Your Day Your Way Table at check-in. Sign up one slot per team (not per individual)

Open Play Opportunities on Campus (no sign up necessary)

Movie (Woodlawn) 2:00 & 3:30 Climbing Wall – must have liability form signed by parents prior to Momentum if under 18. https://mydust.cedarville.edu/m/register?type=2 Hantis Cornhole Whiffleball Ultimate Frisbee Open Tennis - bring your own racket Campus Game Room Board Games Racquetball

Friday, July 29

Outreach/ON MISSION

Cedarville Senior Citizens INC

Capacity: 4

Students will be interacting with the elderly at the Cedarville Senior Citizens Center by playing games and simply talking to build relationships within the community and encourage the residents.

Clinton County Services for the Homeless INC

Capacity: 10

Volunteers would be sorting and organizing donations such as clothing, household items, and food baskets. Outside yard work can include weeding, mowing, and cleaning

Fairfield Church of God

Capacity: 10

The students will be painting and cleaning on various projects within the church and surrounding community.

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Hope House Rescue Missions

Capacity: 8 At Hope House, each student will organize in the food pantry and assemble packaging.

Huber Heights Grace Community Church Block Party Prep

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On Mission Community Blitz, Beavercreek, OH

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Oxford Community Choice Pantry

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Hamilton Community Foundation

Capacity: 20

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Recreation on Campus with Advanced Sign Up

Dodgeball Tournament

Capacity: 100 people

Dodgeball will be played by 6 players represented by at least 1 of each gender. Getting hit by a live ball gets you out. Catching a live ball gets the person who threw it out and gets a team member, who was out, back into to the game. Each game will be three minutes long. First come, first served - spots remaining after online sign-ups will be available to sign up for at the Your Day Your Way Table at check in. Sign up one slot per team (not per individual)

Donut Dash

Capacity: 400 people

Your favorite things, all in one place: running/walking and donuts. Whether you are a runner, a walker, or a donut-enthusiast, this is the event for you! Students can run/walk this fun event and stop off at donut stations along the way. The course is a 5K fun run/walk. Encourage students to wear wacky colors and come for the donuts!

Open Play Opportunities on Campus (no sign up necessary)

Movie (Woodlawn) 2:00 & 3:30 Climbing Wall – must have liability form signed by parents prior to Momentum if under 18. <u>https://mydust.cedarville.edu/m/register?type=2</u> Hantis Cornhole Whiffleball Ultimate Frisbee Open Tennis - bring your own racket Campus Game Room Board Games Racquetball

Saturday, July 30 (mandatory participation by all groups)

Outreach/ON MISSION

Calvary Grace Brethren Church of Dayton

Capacity: 40

Calvary Grace Brethren Church is hosting a Summer Block Party which will include food, games, and music for the community to come interact with the church. Students will help with games and welcoming the community.

Clinton County Services for Homeless INC

Capacity: 40

Volunteers will be sorting and organizing donations like clothing, household items, and food baskets. Outside yard work to include activities like weeding, mowing, and cleaning.

Hope House Rescue Missions

Capacity: 8 At Hope House, students will organize in the food pantry and assemble packaging.

Huber Heights Grace Community Church

Capacity: 20

Huber Heights Grace Community Church is hosting a Summer Block Party for their community, which will include food, games, and music. Students will help with the games and welcoming the community.

Marysville Grace Brethren Church

Capacity: 40

Students will be helping with projects around the church neighborhood including landscaping and some inside cleaning.

Marysville Grace Brethren Church, Bellafontaine Campus Block Party

Capacity: 40

Marysville Grace Brethren Church, Bellafontaine Campus is hosting a Summer Block Party for their community which will include food, games, and music. Students will help with the games and welcoming the community.

Oxford Community Choice Pantry

Capacity: 15

Students will volunteer in areas including vacuuming and mopping floors, stocking shelves, cleaning shelves and refrigerators/freezers and some general organizing and food sorting.

Pataskala Grace Church

Capacity: 75 General clean-up of Watkins High School.

On Mission Community Blitz, Beavercreek, OH

Capacity: 250 On Mission Community Blitz, Springfield, OH Capacity: 300 On Missions Community Blitz, Dayton, OH Capacity: 400 On Missions Community Blitz, Vandalia, OH Capacity: 75 On Missions Community Blitz, Wilmington, OH Capacity: 100 On Missions Community Blitz, Yellowspring, OH Capacity: 100 On Missions Community Blitz, Centerville, OH Capacity: 100

On Mission Community Blitz serving opportunities will place your youth in different communities in and around the Cedarville, OH area. The serving opportunities will consist of your students going door to door asking residents if there are any small tasks your students could help with around the house, inside or out. The main goal is to create relationships with the homeowners through serving people. The projects at each home you go to should be something your students can complete in an hour or less to give you time to visit multiple sites on the same street. The homeowner is responsible for providing the needed tools, but your group should bring their own work gloves.

Momentum Transportation:

On Mission Community Blitz, Xenia, OH Capacity: 200 On Mission Community Blitz, Springfield, OH Capacity: 100 On Mission Community Blitz, Jamestown, OH Capacity: 50 On Mission Community Blitz, Cedarville, OH Capacity: 125

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or out. The main goal is to create relationships with the homeowners through serving people. The projects at each home you go to should be something your students can complete in an hour or less to give you time to visit multiple sites on the same street. The homeowner is responsible for providing the needed tools, but your group should bring their own work gloves.