

THE IDENTITY VACUUM

PERFECTION

Believe that you are defined by life experiences.

- » Pride
- » Unbelief
- » Unworthiness
- » Inadequacy
- » Shame
- » Insecurity
- » Self hatred
- » Condemnation
- » Isolation

Believe that you are exclusively defined by the trinity.

- » Humility
- » Faith
- » Self worth
- » Confidence
- » Love yourself
- » Positive and encouraging self talk
- » Great mental health
- » Love authentic, deep and transparent relationships

CONNECTION

Inability to receive divine love perfectly and inability to express divine love perfectly.

Ability to receive divine love perfectly and ability to express divine love perfectly.

STATE OF BEING

- » Lack
- » Fear
- » Stress
- » Worry
- » Anxiety
- » Unhealthy emotions
- » Unhealthy behaviours

- » Abundance
- » Delight
- » Bliss
- » Awe
- » Wonder
- » Passion
- » Healthy emotions
- » Healthy behaviours

