

CRYOLIPOLYSIS:

fat reduction with the non-surgical alternative to Liposuction

SPECIALISING IN CRYOLIPOLYSIS

ALSO KNOWN AS LIPO FREEZE



WELCOME TO LIVERPOOL LIPO

We are the home of cutting edge, non-invasive body sculpting treatments and aesthetic laser procedures. In this new age of cosmetic body sculpting, we can proudly present a whole range of non-surgical, aesthetic enhancing treatments. That's right.... No Scalpels, No Needles, No Downtime! Our state of the art equipment and clinically proven treatments performed by fully trained and qualified staff safely transform your appearance so you can discover a whole new you.

Never has it been so convenient and affordable to achieve improved body contour non-invasively. Thanks to huge leaps forward in non-invasive cosmetic research and significant advances in body contouring technology, Liverpool Lipo are excited to introduce their range of body contouring treatments and aesthetic laser procedures from the prestigious Rodney street in the heart of Liverpool.

"Five Star Treatments"

We pride ourselves on offering five star Harley street style, none invasive beauty solutions at an attainable price. We have invested heavily in the latest technology and training which has enabled us to offer a wide range of cutting edge treatments such as ultrasound cavitation fat busting, radio frequency skin tightening, e light permanent hair removal, laser tattoo removal, teeth whitening and ipl skin rejuvenation to a name a few.

"Non-Invasive Cryolipolysis"

We also specialise in Cryo Lipo which is also known as Fat Freezing or Cryolipolysis.

It is a non invasive, permanent fat reduction procedure. Cryolipolysis has numerous clinical trials citing its effectiveness. There are no needles, no scarring, and no downtime. It is a real alternative to Liposuction. Cryolipolysis is a celebrity favourite, often sited in the press for its success in treating areas of stubborn fat. Similar treatments have gained positive reviews in The Daily Mail, The Sun, Cosmopolitan, Elle and Grazia to name a few. Clinical trials support its effectiveness. Our team consists of beauty therapists, bio medical scientists, hairdressers and customer care managers.

"Fully Trained & Qualified Staff"

All our staff are fully trained, qualified and insured in their field of work as well as offering a professional, knowledgeable and sympathetic service. Situated in Rodney street, Liverpool, with close proximity to Central train station and a stones throw away from the nearest bus stop. Our clinic is a professional and discreet treatment room with easy access and a manned reception area. Parking is available along Rodney street and the nearest, indoor car park a five minute walk away.





OUR TREATMENTS

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Lipo Cavitation

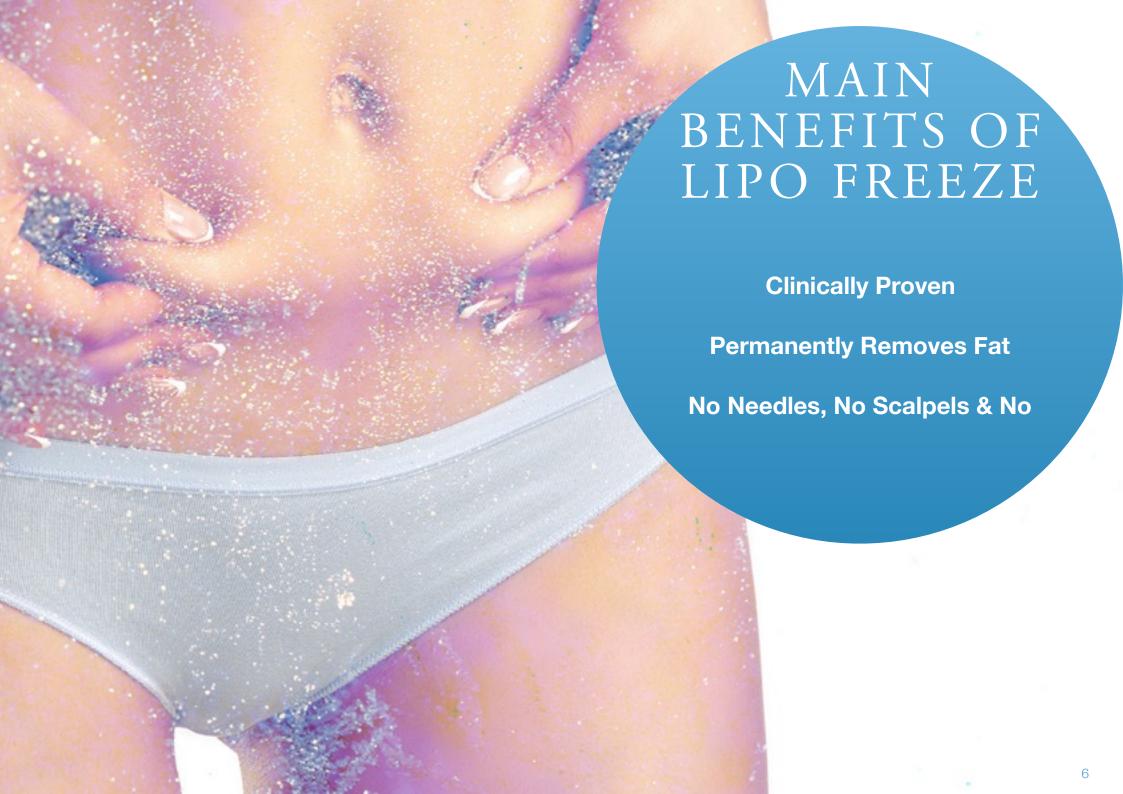
CRYOLIPOLYSIS (LIPO FREEZE)

Fat Freezing is different to other non-surgical lipo treatments that use lasers (like, Strawberry, I-Lipo, and Laser Lipo). Cryolipolysis, completely destroys the fat cell. Cryo Lipo cools the fat in the treatment area of your body, when cooled to a controlled temperature the fat cells crystallise and die. It is a non-surgical alternative to Liposuction, it is a futuristic body sculpting treatment that celebrities can no longer keep secret.

We can treat various stubborn areas on your body like....muffin top, love handles, back fat, bingo wings and inner/outer thighs. The advantages of cryolipolysis compared to other fat busting treatments are that it's one session, results are permanent and it's effectiveness is clinically proven. You will be able to return to your everyday activities straight after the treatment so there is no downtime involved whatsoever.

Clinical studies have shown Cryogenic liposuction treatment to be effective on between 20% - 40% of the fat cells in the treatment area in just one session. During the weeks following treatment these destroyed cells are processed through your lymphatic system. Results can be seen in as little as 2 weeks, although it may take up to 4 months for you to see the full effects of Cryo or Fat Freezing.





What Is It?

Cryolipolysis is a non-invasive procedure. It uses cooling technology that results in localised fat reduction. The technology behind Cryolipolysis, was designed and developed by dermatologists at Harvard Medical School. Their analysis revealed that fat cells are more responsive to the effects of cold in contrast to the surrounding tissue. Fat cells crystallise at different temperatures than other cells. It is specific in breaking down the fat cells whilst sparing all the other tissue like the skin, muscle mass, and nerve fibers.

Does It Work?

YES - There are numerous clinical trials, celebrity reviews, and before & after photos which support the effectiveness of fat freezing. Ask to see our client testimonials.

How Does It Work?

A special vacuum suction cup with cooling plates is positioned on the selected body area. The area is then chilled - fat cells are especially sensitive to cold exposure. When cooled fat

cells crystallise and as a result no longer function in their usual way, and breakdown (Apoptosis). The surrounding blood vessels, nerves, etc are much less sensitive to cool exposure and remain unaffected. This results in the elimination of the fat cells without damage to the surrounding tissues.

What Happens To The Fat Cells That Have Been Treated?

Fat cells perish and are dissolved into the body via the lymphatic & immune system. The nervous system flushes effected fat cells from the system using the bodies natural processes. The area treated becomes smaller in size over the following weeks as this process happens.

How Long Is The Session?

Each session is up to 45 minutes per area, depending on the thickness of the area, and how quickly you respond to the cooling technology. Your treatment will be tailored to your individual requirements which are discussed in your pre-treatment consultation.

Additional time may be required if you require more than one area.

How Many Sessions Will I Need?

One session is sufficient for most areas. Cryolipolysis has the advantage of not requiring a course of treatment. Depending on the thickness of the fat and your personal goals fat freezing may be repeated in the same area a second time, but is not a necessity. If you choose that you would like a further reduction in the same area, preferable waiting time between sessions is approx 45 - 60 days. This is to give enough time to measure the effectiveness of the initial treatment.

What Will The Results Be?

Clinical studies on Cryolipolysis have shown reduction of fat is between 20% to 40%. Results will vary on the individual, the thickness of the fat deposits in each area, and the lifestyle maintained after treatment. Those that follow the aftercare advice, will get the best results.

When Will I See Results?

This depends on the individual, the fat thickness, and the area treated. Changes happen over a number of weeks, 12 weeks being the estimated time to see the maximum result, although some of our clients begin to see changes at around 2 weeks. In clinical trials 12 weeks post treatment, 9 out of 10 people saw an undeniable reduction in the treated area.

What Will I Feel During The Session?

After you have agreed the area, you will feel a "tug" close to the treated area due to the vacuum effect used to hold the area in place during the session, and an intense cold feeling at the beginning of the procedure at the vacuum site. This is reported as a "different sensation" as its an unusual feeling, but not painful. We often have clients fall asleep during their session. There is no anaesthetic or numbing agent required during the treatment.

What Will I Feel After The Session?

The beauty of Cryolipolysis is there are generally few side effects. There is no recovery period, or downtime.

- -Usually: some short term redness and cold/ numbness on the treated zone after the session.
- -Rarely: slight haematoma, due to the vacuum (similar to a love bite) that will resorb within a few days. Swelling, superficial bruising, extended redness.

You can resume normal daily activities without special discomfort immediately after the session, or go back to work if your being treated in your lunch break.

Who Is The Ideal Candidate For Cryolipolysis?

Cryolipolysis is especially indicated for local fat reduction: The ideal candidates are those who want to reduce localised fat deposits for instance on the abdomen, flanks, lower back, hips, thighs, upper arms etc. These tend to be areas particularly stubborn to diet and exercise. Although most people are treatable, it is not an overall weight loss solution. We suggest that the ideal candidate is within or near their ideal body weight, people in this group will see the best results. It can also be an excellent additional motivation for those embarking on a change in lifestyle.

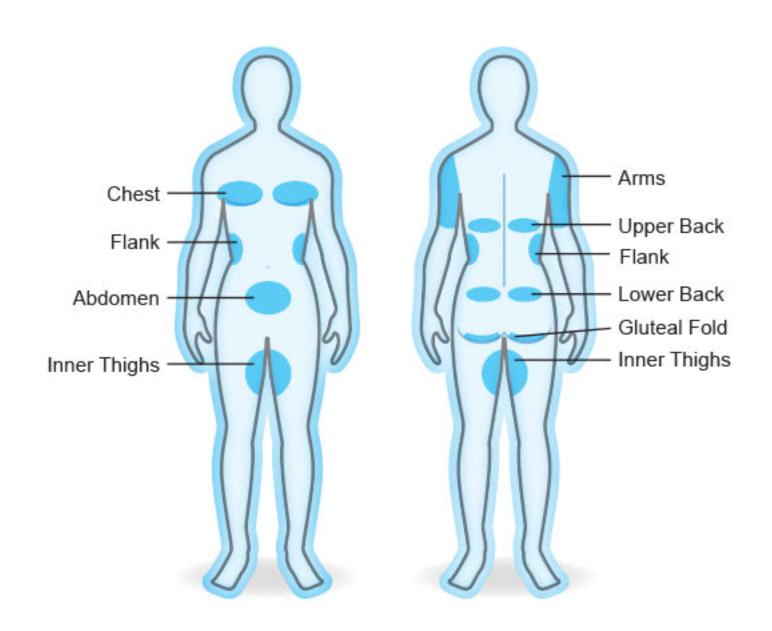
Do I Need To Follow A Particular Kind Of Diet Or Exercise Program?

No supplements or diet plan are required and you do not have to change your exercise habits for the treatment to work. However, Cryolipolysis is not a substitute for taking care of your body. You may feel more motivated to take care of yourself after the treatment, after all it is an investment in your good looks. Combining cryolipolysis with a healthy diet and lifestyle will only further maximise your result. Should you require lifestyle advice we can refer you to specialists in your area. After care includes advice to increase your water intake, avoid caffine & other toxins to support your bodies natural processes.

What Areas Can You Treat?

Upper & lower abdomen, upper arms, inner and outter thighs, love handles, flanks, muffin top, banana rolls (underneath buttocks), hips, male torso/man boobs. The applicator cannot be used for the chin, ankles or wrists as usually these areas are too small to treat. Cryolipolysis can be used to reduce "man boobs" but cannot be used to treat female breast tissue or gynocomastia.

TREATMENT AREAS FOR LIPO FREEZE



Clinical studies clearly indicate and prove that Lipo Freeze is effective on up to 40% of fat cells in the localised area of treatment. In just one 30 minute session, our clients can benefit from permanent and measurable inch loss over the weeks that follow and enjoy improved body contour.

"AFTER ONLY ONE TREATMENT I LOST JUST OVER 2 INCHES OF THE TREATED AREA! CANNOT GET OVER THESE RESULTS AND CANNOT WAIT TO GET BACK FOR MORE AT LIVERPOOL LIPO"

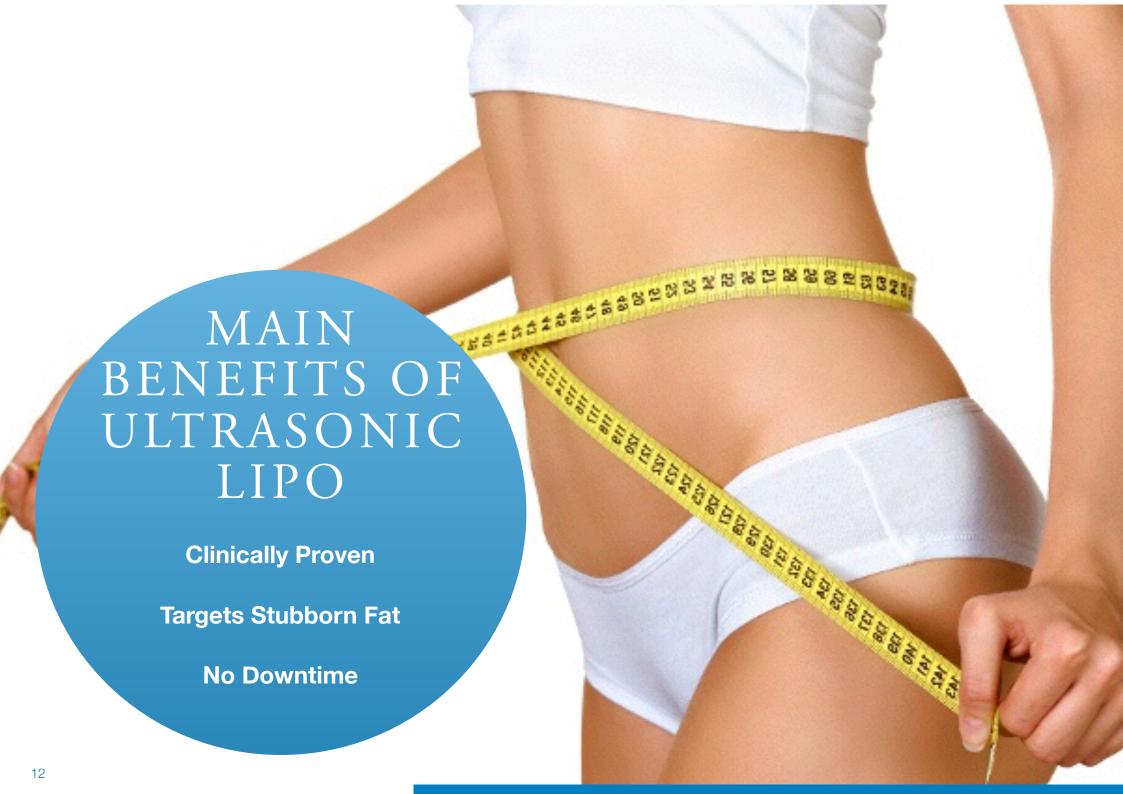






ULTRASONIC LIPO

Rodney Street Lipo uses a unique cavitation technology that allows for non-invasive removal of stubborn fat deposits that never seems to disappear no matter of your diet or how hard you work out. The most problematic body areas are: abdomen, flanks ("love handles"), thighs ("saddle bags"), buttocks, inner knees, upper arm, male breasts. Your body can be now contoured with no anaesthesia, no scars, and no down-time.



WHAT IS CAVITATION?

Cavitation is a natural phenomenon based on low frequency ultrasound. The ultrasound field creates the bubbles in the liquid, which gradually grow, and break down at a certain size. The energy in the form of heat (minor effect) and pressure wave (major effect) is released. As the membranes of fat cells do not have the capacity to endure the vibrations, the effect of cavitation is easily broken down while sparing the vascular, nervous and muscular tissue.

What is Cavitation?

After a disruption of adipose cells, the fat in the form of triglycerides is released into the interstitial fluid between the cells, where they are enzymatically metabolized to glycerol and free fatty acids. Water soluble glycerol is absorbed by the circulatory system and used as the energy source, whereas the insoluble free fatty acids are transported to the liver and processed as fatty acids from food.

What happens to the released fat?

There is no special pre treatment required when having the cavitation treatment. It starts

with a circumference measurement of the target body area, continues with circular movements of the applicator over the treatment site, and is finalized with another circumference measurement. The duration of treatment session normally takes around 30 minutes, depending on the size of the area and the thickness of the fat layer. 3 to 6 sessions at 1 week intervals are recommended in order to achieve a maximum notable result, but further treatments may still be needed to attain your desired silhouette.

What will I feel during the treatment?

The treatment does not require anaesthetic and the majority of our clients consider the procedure to be comfortable. However, there could be a slight discomfort due to the specific noise spreading inside your body, but it causes no harm and disappears as soon as you are not in contact with the applicator. You may also experience a little warmth during the treatment, if it turns burning hot, immediately request some extra ultrasound gel to be applied.

Can I expect any side effects?

There is a slight possibility of mild side effects such as temporary redness, excessive thirst, and nausea immediately after the treatment which are always resolved by drinking water. They are all short-term side effects and will disappear in few hours to few days. Even though the studies have proven the treatment is safe, the cavitation is not be used on clients with an acute illness, comprised liver function, severe bleeding tendencies, pace makers, or during pregnancy.

What are the expected treatment results?

The cavitation treatment produces immediate and long lasting results provided a healthy calorie controlled diet and exercise are maintained after the procedure. Most of the clients experience 2 to 12 cm of circumference reduction after a single session, with increasing results after each visit. The results may vary with different tissue structure, treatment area, age, metabolism, medications, and changes in hormones. A calorie controlled diet and increased physical activity will certainly improve and help to maintain the results.



For those who have lost weight through diet and exercise but still have areas where fat seems impossible to shift, liposuction could be the answer. The benefits that result from ultrasonic will depend from patient to patient, however common benefits reported after ultrasonic liposuction

- Less body fat
- Improved body shape
- Enhanced self-confidence
- Clothes fit better
- Better physique

"Ultrasonic Cavitation has given me the confidence to wear clothes that i had thought i would never wear again, I'm now not afraid to go to the beach anymore"

IPL HAIR REMOVAL

Body and facial hair can be a big problem for some men and women, damaging their confidence. Elight/ IPL hair removal means you won't have to worry about daily shaving, monthly waxing or 'regrowth' phases, and in the long run you'll save time, money and hassle. Many people see the swap from monthly waxing sessions to IPL permanent hair removal option as an investment.

How does E-light (IPL+RF) work? The treatment works by targeting the melanin (pigment) in the hair with the light from the system, and upon absorption the light is converted into heat. This intense heat action breaks down the hair follicle, reducing the opportunity for any re-growth and also changing the entire structure of the follicle itself; overtime altering the density and appearance of the hair until it becomes unnoticeable.





What is IPL?

Intense Pulsed Light is a technology where light is converted into heat energy.

Treatments are like a very powerful camera flash lamp being held against your skin.

The selected light waves target chromophores (colour pigments) such as melanin in brown spots and freckles; and such as haemoglobin in broken or diffused blood vessels. The light waves can also target specific protein molecules in acne bacteria and in collagen. IPL treats all conditions without disruption to the skin's surface.

How many session do I need?

Hair grows in three different cycles and the IPL Permanent Hair Reduction can only successfully treat hair during its growth stage. Therefore it is often necessary to undergo a course of 6-8 treatments ensuring that you leave at least 6-8 weeks between each session initially, and then only repeat as and when the hair returns.

Does It Hurt?

Elight/ipl hair removal is virtually painless. Your skin may be slightly red for a short

time afterwards, this is normal and usually settles within 24 hours. We recommend you keep out of strong sunlight throughout the course of your treatment and always use SPF (sun protection factor) 30 on the areas you are having treated.

Permanent Hair Reduction: How does it work?

Intense Pulsed Light targets the colour pigment (melanin) in the hairs. Therefore white hairs can not be treated. Dark hairs on fair skin have the best and quickest results. Fair hairs will require extra treatments with lesser results.

Caution is required when treating hairs on darker skins; this is discussed more fully during your consultation.

What is the difference between IPL and Laser?

Lasers have been used in surgery for years. The IPL is an adaptation of the laser, more suited to the beauty industry.

The biggest difference between laser and IPL, as far as treatment is concerned, is the coverage. The laser beam is very narrow, only covering a small spot at a time, while

IPL coverage is several times the area, and therefore treatments are much quicker. The surface area of the Chromolite IPL applicator head is 7.5 square cm – one of the largest on the market.

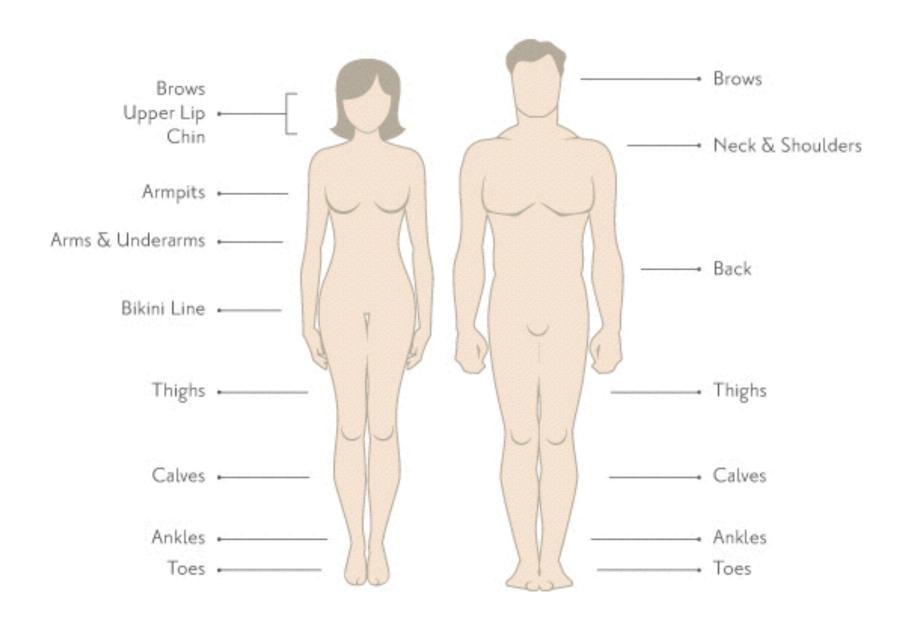
Lasers produce light from one specific wavelength, or colour, for a very specific target. The light emitted from the IPL is composed of a spectrum of colours from different wavelengths, enabling selective photo-absorption (light absorption) to different targets. In other words, using the IPL is like using a group of lasers in a single treatment.

How will I look after the treatment?

In most cases there is no visible reaction and you would be expected to be able to return to work and resume your normal activities immediately after your appointment.

However, IPL causes heat in the target tissues; therefore it is quite acceptable for the area to be slightly reddened immediately after treatment, but this would normally dissipate within half an hour.

TREATMENT AREAS FOR IPL HAIR REMOVAL



In general, the thicker the hair you intend to treat, the faster you will see results. Thicker hair has greater surface area and contains more pigment (color) that will absorb more laser energy compared to finer hair. If you are treating fine hair, you may need to be more patient and go through more sessions to see results.

"I've been having laser hair removal at other clinics for 9 years and after one session at Complete Lasercare, I have seen dramatically reduced hair and permanent results for the first time. I purchased 3 sessions up front and I probably won't need the next until later in the year or even next year after the summer. Very good clinic. Very attentive staff. Very good results."





TATTOO REMOVAL

If like many people you have come to regret having that design etched on your body, come to us for the very best in tattoo removal in Liverpool.

Our tattoo removal is extremely cost effective, and as our specialists carefully assess the size and colour of every design, you can be sure of enjoying fantastic results

Whether you are wanting a cover up or clear skin, whether its a butterfly or Beelzebub, wrong name or, a few years down the road, just the wrong image we can help. You might be improving your job prospects, cutting loose from the past or maybe bucking the trend for getting them on by getting yours off.

Whatever the reason you've realised that luckily, tattoos don't have to be for ever.



Remove Unwanted Ink

Permanent Results

No Downtime



How does the laser remove the tattoo?

Lasers target tattoos with a very specific wavelength of light energy – in fact, a separate wavelength is needed for each ink color. The popular Q-Switched lasers use PhotoAcoustic energy to gently penetrate the skin and target tattoo ink.

The light energy gently vibrates and shatters the tattoo ink into micro-particles that are eventually eliminated through the body's natural processes. Because the laser delivers the energy in a very precise 'beam,' physicians and nurses can trace the design without damaging the surrounding skin.

How many laser treatments are needed to remove a tattoo?

Laser tattoo removal Liverpool requires several sessions. On average, professional tattoos need 6 to 15 treatments, while amateur tattoos need four to five treatments, spaced approximately four to eight weeks apart.

The number of treatments depends on the size of the tattoo, the amount and type of ink used, and the depth of the ink in the skin. The location of the tattoo will also affect the clearance rate.

Do all colours of ink respond well to Tattoo Removal?

No, dark (blue/black) inks and red inks fade the best. Oranges and purples usually respond well. Green and yellow inks are the most difficult to remove, although additional treatments can produce significant fading.

Does it hurt?

The Q-Switched lasers with PhotoAcoustic energy emit light in very short pulses. Patients say the pulses of light feel similar

to snaps of small rubber bands on the skin, followed by a feeling of warmth.

Because the tattoo ink absorbs the laser energy, some patients may feel mild discomfort as the nurse traces the design. The skin is cooled first with ice or or cold air. Topical anaesthetic creams can also be used.

What type of post-treatment care is necessary?

An ointment and dressing will be applied immediately after treatment and the area must be kept clean. Follow the post treatment instructions provided to you.

You can take a shower the next day, although the treated area should never be scrubbed. If a scab forms it is important that you do not pick or scratch it.



Treatment with the laser varies from patient to patient depending on the age, size, and type of tattoo (amateur or professional). The colour of the patient's skin, as well as the depth to which the tattoo pigment extends, will also affect the removal technique.

"Surprisingly I have found the whole experience so far very good, much better than I thought it would be.

The initial consultation was thorough and easy to digest as it was put across in layman's terms. The treatment itself, and the care by yourself, has been excellent. I can't fault any of that. If I wasn't confident or happy with the service I wouldn't come back."

RADIO FREQUENCY SKIN TIGHTENING

Radio Frequency is a highly reliable energy source that has been used in several medical applications for almost 100 years, such as electrosurgical devices used for tissue coagulation.

With Radio Frequency, the heat generated is controlled and solely directed at the targeted area for treatment, therefore achieving more efficient energy usage without scattering heat to surrounding tissues.

This provides a quicker treatment, allowing the fat tissue to reach optimal temperatures faster.

Once the fat cells start to break down, oxygen molecules are produced thus allowing the fat cells to melt and drain through the lymphatic system.





What can a course of RF Face Lift treatments do for me?

The goal of the radio frequency face lift is to restore a more youthful look by helping to reverse the signs of ageing and gravity. The treatment achieves:

- The tightening and smoothing of skin resulting in a reduced appearance of fine lines and wrinkles.
- The tightening of sagging skin around the jowls and neck.
- A reduction in the appearance of double chins.
- Improvement of skin laxity.
- A noticeable improvement in skin tone.

Is this treatment right for me?

Every woman or man who would like their face to look younger or smoother without surgery is a candidate for this treatment. A person of practically any age can receive the treatment. Some clients have obvious ageing from mid 30s others do better with

deeper lines and laxity not evident till the fifties. There is an advantage to starting a little younger (the forties) and planning an annual budget for maintenance. What happens during this treatment?

Before the treatment starts the treatment area is lightly coated in oil to make the treatment more comfortable and to increase the hand pieces surface contact with the skin.

There is little discomfort during or after RF Face Lift treatment. There is a definite feeling of warmth in the skin at the area being treated. The hand piece used in treatment has it's own cooling module to help keep the treatment comfortable and the operator can cool the skin immediately when required.

How many treatments are required and how long are they? We recommend a course of anywhere between 6 to 12 treatments (depending on the areas treated and your skins reaction to the treatment) for the most beneficial results.

We also recommend a maintenance treatment approximately every 6 months

after your initial treatment course to maintain the results. How long before I see the results of the treatment?

Many clients have reported changes early in their course after 2 or even 1 radio frequency treatments but it is usual to have 4-6 fortnightly treatments before the results start to manifest.

Is RF treatment safe?

RF is an non-surgery, non-invasion, comfortable safe skin treatment without blood, pain, scars, and popular in beauty salons, clinics, hospitals, etc.

Can I return to my normal activities immediately?

Yes, no downtime for RF treatment, you can do everything as usual after the treatment, but should take care of your skin water enough in case of dried skin wrinkles lines.

Patients can expect a noticeable reduction of fine lines, wrinkles and acne and other scarring. In addition, patients will see an improvement in texture and skin laxity.

On average, most results appear over a period of three to six months (it takes time for collagen to grow), but some patients notice results immediately after treatment.

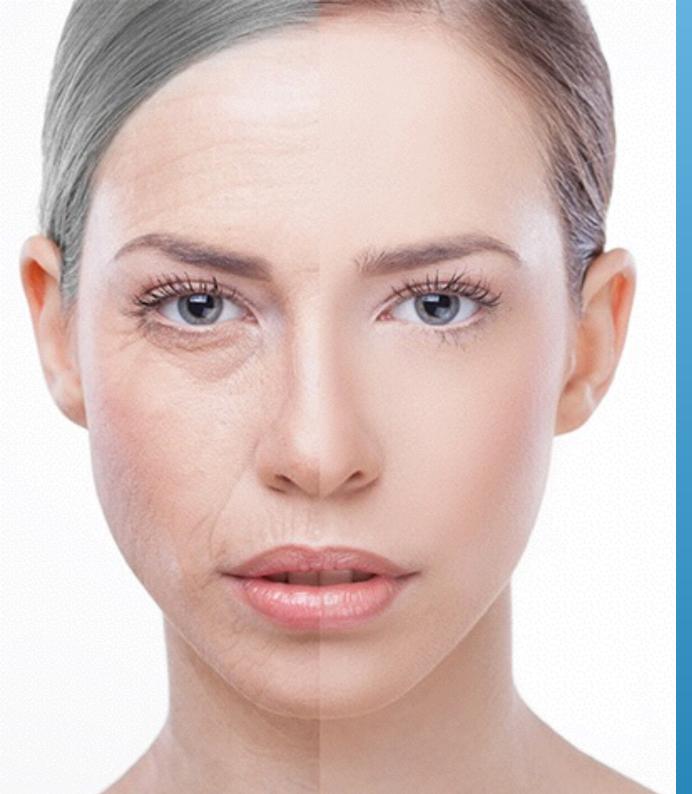
"I was treated by Liverpool Lipo and it was amazing. I was really afraid that it will painful but it was nice. When I got home, my husband asked me what I did with my face:)."











ULTRA THERAPY

Ultra therapy is a completely non-invasive face and neck lifting treatment by Ultraformer. It uses High Intensity focused ultrasound to lift and tighten the skin without downtime.

Ultra therapy is completely non-invasive treatment to actually lift skin. It is much less painful compared to other lifting machine. And shot speed of ultra therapy is much faster than other machine so it can save time for patients. Furthermore, patients can get treatment whole face in a short time.

Results begin from 20-40 minutes of a single and simple yet amazing treatment.



How is it done?

Ultra therapy delivers HIFU(High intensity focused ultrasound) energy below the skin. HIFU effects three layers of the superficial and dermis along with SMAS, which is the same layer of tissue that surgeons pull tight in a face lift.

As a thermal energy safely heats this tissue, it contract resulting in tightening of the skin and formation of new collagen, which provides longer-term tightening effect.

Is it painful?

Discomfort levels vary from person to person. Most of patients tolerate the procedure well without anesthesia or sedation while the energy is being delivered.

Pain and discomfort associated with procedure are temporary that lasts usually only during the procedure.

Treatable Areas?

Blurred jawline, nasilabial folds, sagging eyelids, loose neck fold, fine lines and

wrinkles, uneven skin tone or texture and large pores.

Ultraformer machine has three types of cartridges which can treat various problems at once.

How Long Do The Results Last?

Patients may see some initial effect and lifting and tightening will take place over 2~3months, as old collagen is regenerated with new more collagen.

As this collagen regeneration process continues up to 6months after the initial treatment.

How Long Do The Treatments Take?

The length of the treatment will depend on the area being treated and your individual treatment plan. A face and neck procedure usually takes 20~30 minutes.

Since Ultraformer is faster than other HIFU machine, you can get treatment during your short lunch time.

Is it safe?

Certificated by the Korean FDA and CE cleared for eyebrow lifting this high-intensity focused ultrasosund (HIFU) device also achieve excellent aesthetic outcomes in Jowl lifting, nasolabial fold reduction, periobital wrinkle reduction and overall skin tightening and rejuvenation in targeted areas. Ultra therapy has been used safely in over 200,000 treatments worldwide.

What happens after the treatment?

This non-invasive procedure is associated with no downtime, allowing patients to return to daily activities immediately after treatment.

You can see the immediate results such as tightening effect all over your face and improvement your wrinkles right after the treatment.





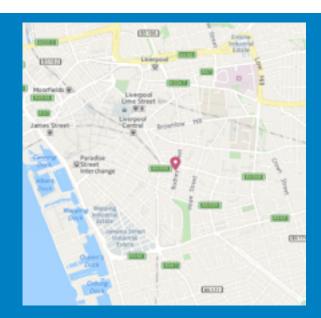
After your Ultherapy® Treatment, you may see some initial effect, but the ultimate results will take place over 2-3 months, as your body naturally regenerates collagen.

Since the procedure stimulates your own collagen production, how long the results last really depends on you.

The treatment produces new collagen on the inside, but your natural aging process will dictate how long that translates into visible results on the outside.

"I noticed that as the weeks went on, the results [from Ultratherapy] just got better and better and better."





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All our staff are fully trained, qualified and insured in their field of work as well as offering a professional, knowledgeable and sympathetic service. Situated in Rodney street, Liverpool, with close proximity to Central train station and a stones throw away from the nearest bus stop. Our clinic is a professional and discreet treatment room with easy access and a manned reception area. Parking is available along Rodney street and the nearest, indoor car park a five minute walk away.