

WHGBL Skills Competition Day

Kick the Cones

- **Players are split into 2 teams**
- **Teams line up in order beyond top of the key on each side of the court**
- **(6) cones are strategically placed as shooting points on the floor on each side of the floor. Position of cones should be replicated on each side of the court for fairness.**
- **Object of the game:**
 - 1. Make all shots at location of cones and kick the cones**
 - 2. Player selects location of shot where cone situated. Player attempts shot. If shot is made, player kicks cone out of shot location area, rebounds ball, passes to next team member and goes to rear of line. If shot is missed, cone is left standing, player rebounds ball, passes to next player and goes to rear of line.**
 - 3. First team that makes all shots at cone locations, kicks the cones, retrieves the cones , sprints to half court and sits down with cones in hand is declared winner.**
 - 4. Team that wins best 2 out of 3 games is winner. Teams switch sides of court after every game.**