

West Hartford Girls Basketball League

Hot Shot Competition

- Each player has 60 seconds to shoot for points according to the diagram below.
- If a player attempts a shot from: a) either baseline position, b) both lay-up positions, c) both harsh mark positions and d) from the foul line position area, then a 5-point bonus is added to the player's score.
- Players are not limited to the number of shots taken at any one position except the lay-up positions. Players are limited to 5 scoring lay-ups from each side during competition.
- Players must rebound their own shots during competition.
- Players will compete against other players in their respective divisions for 1st, 2nd and 3rd place trophies on Championship Sunday.