

SOUPS

VEGAN
Creamy Coconut Carrot 6,20
8,20

carrot
coconut
ginger
pine nuts

Tom's Tasty Chorizo Sensation 7,60
9,60

tomato
dates
thyme
grilled chorizo

Olivia's Healthy Tomato 5,80
7,80

tomato
olives
rosemary
feta cheese

VEGETARIAN
Pumpkin Sweetness 5,90
7,90

pumpkin
cranberries
parsely
chestnuts

Butternut Roasted Chicken 7,20
9,20

pumpkin
coconut
parsely
roasted chicken

VEGAN
Himalayan Dhal 7,60
9,60

red lentils
paprika
cumin
fennel

Smoky Vienna 6,80
8,80

potato
carrot
nutmeg
wiener sausage

URBAN /SOUP

SIDE SALADS

Nice Nice 4,80
with couscous, cucumber, hirtenkäse, rucola and roasted pine nuts

Beetroot 5,40
with beetroot, apple, baby spinach, hummus, chickpeas, and walnuts

SMOOTHIES

High Value 5,90
with spinach, apple, figs, lucuma, lime and ginger

Sweet Temptation 6,30
with banana, cinnamon, dates, strawberries and flaxseeds

Amazing Acai 5,70
with banana, acai, cherries, coconut, kale and dates

DESSERTS

Apple Crumble 3,80
blueberries, yoghurt, apple and sweet crumble

New York Cheesecake 3,50
cream cheese, vanilla butter cookies and sour cream



Cranberry Lemonade 3,90
lemon and ice with bottled craft lemonade from M.A.T

Basil Lemonade 3,40
lemon and ice with Balis Lemonade

Rosemary Lemonade 3,90
fresh rosemary and ice with bottled craft lemonade from M.A.T

Munich Ginger 3,60
ginger and ice with Aqua Monaco's Hot Ginger

Mono Ice Tea 3,20

Aqua Monaco's 2,50
water still/sparkling

SANDWICHES

Chicken Avocado 4,80
with tomato, chunky avocado and roasted chicken

VEGETARIAN
Mediterranean Style 4,20
with fresh tomato, olives, feta cheese and herbs

VEGAN
Simple Avocado 4,50
with tomato, hummus and chunky avocado

VEGETARIAN
Purple Goat Cheese 4,80
with beetroot, apple, goat cheese and rucola

COFFEE

Espresso 1,90
>C.R.E.A.M< by MvsM

Caffé Americano 2,80
>C.R.E.A.M< by MvsM and hot water

Latte Macchiato 3,60
>C.R.E.A.M< by MvsM and foamed whole milk

Flat White 3,50
>C.R.E.A.M< by MvsM and steamed whole milk

Cappuccino 2,90
> C.R.E.A.M < by MvsM and foamed whole milk

TEA

Mint Tea 3,40
with mint leaves and honey

Lemon Ginger 3,40
with fresh lemon slices and ginger

Home delivering at:

